

PUBLISHED BY MIND'S DESIGN STUDIO SINCE 2016  
CALL 403.203.9152 FOR ADVERTISING OPPORTUNITIES WWW.MINDSDESIGN.CA



**YOUR OFFICIAL**  
**Community Newsletter**

OCTOBER | 2017

CIRCULATION | 3000 HOMES AND BUSINESSES



**Happy  
October!**

**DON'T FORGET TO VOTE: OCTOBER 16**

**PURCHASE YOUR CA MEMBERSHIP ONLINE:**

[WWW.SHAWNEE-EVERGREEN.CA](http://WWW.SHAWNEE-EVERGREEN.CA)

YOUR COMMUNITY  
NEWSLETTER ON  
THE GO!

*Mind's Design*  
**NEWSLETTER APP**  
Download from the app store or google play.







**Adam W Frisch**

**Ward 13**

**City Councillor**

**October 16, 2017**

**[www.adamwfrisch.info](http://www.adamwfrisch.info)**

**[adam.frisch@hotmail.com](mailto:adam.frisch@hotmail.com)**

Campaign funded entirely by Adam W Frisch



## **Adam W Frisch**

**Your best choice for Ward 13 - City Councillor**

**President** – Calgary Evergreen Community Association

**President** – Stonecroft Evergreen Condominium Board

**Director** – CardelRec South Board of Directors

**Director** – Trico Centre Board of Directors

**Veteran** – Canadian Armed Forces (Sergeant)

**Creator and Co-Founder** – [www.Never-Give-Up.com](http://www.Never-Give-Up.com) (Family Violence Awareness website)

**Quality Manager/RPA Specialist/Senior Leadership Team of RPAi** (Robot Process Automation)

**Join me as the special guest in the Lobby Café as Swan Evergreen Village  
hosts an OPEN HOUSE on October 14, 2017 from 1:30pm – 3:30pm.**

**Address: Swan Evergreen Village, 2635 Eversyde Avenue SW**

Learn more about my campaign, how I will serve Ward 13 and take a tour of the Swan Evergreen Village facilities.

See some suites, have some sweets and great conversations! Thank you for your support!

Campaign to elect Adam W Frisch is being entirely self-funded.



# SECA President's Message

At the time of writing your Board of Directors is preparing for our AGM. I hope that you attended and supported SECA.

On October 16, the new City Council will be elected. There is a link to the Ward 13 candidates' information at the SECA web site (<http://www.shawnee-evergreen.ca>).

## Please do your part and make sure you vote!

Our Community Cleanup held on September 2nd was very successful. Thanks to all the volunteers who helped out! We didn't keep track of the number of folks who dropped off their "stuff" but we know that there were approximately 30 bicycles, 9 large crates of electronics, lots of tires and scrap metal. The City trucks devoured sofas, mattresses, windows, etc. etc.! The Salvation Army was able to load up their truck with gently used goods. Hopefully we will be able to hold Community Cleanup again in 2018!

## Happy Thanksgiving!

Sincerely, Brad Smith, SECA President



## IMPROVING STORMWATER DRAINAGE FOR SOUTHWEST COMMUNITIES

The Community Drainage Improvements program was launched in 2010 to mitigate flooding in areas throughout the city. Drainage studies were undertaken to identify solutions for communities frequently hit by flooding due to extreme rainfall. Such solutions can include adding additional storm drainage pipes, increasing the size of pipes, and adding wet or dry storm ponds to help manage stormwater.

In recent years the communities of Woodlands, Woodbine, Cedarbrae and Braeside have experienced an unusually high number of high volume rainfall events.

These communities currently have a storm level service of a one-in-five year rainfall event or less. That means that there is a 20 percent chance (or greater) that the storm system will not handle rainfall events causing local flooding in any given year.

Drainage improvements being looked at for these communities target a 1-in-50 year level of service. Once upgrades are in place there will be a two percent chance in any given year that rain events would overwhelm the storm system.

### Installation of a dry pond

The City of Calgary will be constructing a new dry pond in the fields located east of the John Ware and St. Benedict schools. This dry pond will greatly reduce flooding during extreme rain events, specifically the flooding that occurs at the intersection of Southland Drive and Braeside Drive. Construction is expected to begin in the fall of 2017 with completion by fall of 2018. The fields will remain inaccessible to the public for the entire duration of construction. - *Continued top right.*

### Construction impacts

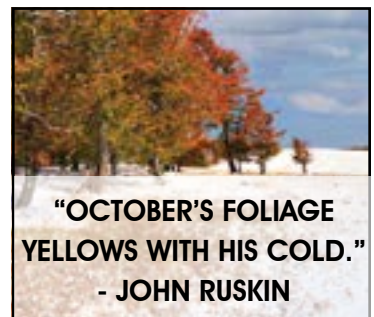
- Construction of the dry pond consists of earthworks (excavation and grading), underground piping and landscaping. Construction impacts will include:
- Increased traffic to site (construction crews, trucks hauling materials to and from site) on Southland Drive and on Palliser Drive
- Construction noise
- Fields will remain fenced off and closed to the public for the duration of construction
- Traffic and sidewalk detours

### Community benefits

The dry pond will significantly reduce flooding that occurs at Southland Drive and Palliser Drive, and along Braeside Drive. During heavy rainfall, overall vehicle and

pedestrian safety will be improved, traffic congestion reduced and emergency vehicle access unimpeded by flooding. John Ware and St. Benedict schools will each receive a new soccer field (two in total) and a new baseball diamond will be built allowing for more recreational opportunities for the community.

For ongoing updates visit: [Calgary.ca/WWCDI](http://Calgary.ca/WWCDI)



**"OCTOBER'S FOLIAGE  
YELLOW'S WITH HIS COLD."  
- JOHN RUSKIN**



# WE NEED YOU!



## SECA Community Connection

**WE HAVE VACANCIES ON OUR BOARD.**

Do you want to make a positive difference? if so, please contact us at [info@shawneeevergreen.ca](mailto:info@shawneeevergreen.ca)



**We need you to be a member!**

**Please send in your membership today!**

### HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

- Hosts Easter Egg Hunt at South Gate Alliance Church
- Hosts the June Family Stampede Breakfast (free for members and their resident family) at South Gate Alliance Church parking lot
- Sponsors the June Annual Community Parade of Garage Sales
- Sponsors Community Cleanup in September at South Gate Alliance Church
- Provides input and authorizes the monthly Community Newsletter delivered to all 3000 + households
- Provides a director for the Board of the Cardel Rec South
- Membership in SECA provides an opportunity to enjoy 10% discount for Cardel Rec South programs if registered before the registration deadline
- Provides a director for the Board of the Trico Centre for Family Wellness
- Supports the Friends of Fish Creek Provincial Park Society
- Works with Cardel Homes, Genstar, Graywood Developments and the City to ensure that Shawnee Park is developed in a way that melds with our existing community as well as is possible
- Diligently alert to the future development of lands surrounding the Fish Creek-Lacombe LRT station
- Is involved with the City on transportation issues (e.g. SW Ring Road development, traffic and safety issues, etc.) that impact our community
- Addresses speeding and other traffic issues within our community (e.g. Shawnee Drive SW and 6th Street SW intersection improvements)
- Join or renew at [www.shawnee-evergreen.ca/Membership.page](http://www.shawnee-evergreen.ca/Membership.page) or complete form below

**COMMUNITY ASSOCIATION BOARD OF DIRECTORS (2017)**

**SEND EMAIL TO: [info@shawneeevergreen.ca](mailto:info@shawneeevergreen.ca)**

Officers	
Brad Smith	President
VACANT	Vice President
Peter Snell	Secretary/Treasurer & Membership Secretary
Other Directors	
Sarah Breu	Director - Social
Richard Dingwall	Director
Zeinab El Kady	Director- Cardel Recreation Centre South
Liala Elrafihe	Director - Social
Ian Jobe	Director
Ajay Khanolkar	Director - Trico
Michael MacLeod	Director
Barbara Murray	Director
George Payson	Director - Beacon Hill
Sharon Raduloff	Director
John Raich	Director
Norm Rousseau	Director - Development

### MEMBERSHIP REGISTRATION FORM

To purchase a membership in your Community Association, please fill in this form, attach a cheque for \$20.00 made out to Shawnee-Evergreen Community Association, and mail or deliver to: **Shawnee-Evergreen Community Association c/o Peter Snell, 1058 Shawnee Road SW, Calgary AB T2Y 1W5**

Household Information (Held in confidence):

Surname 1: \_\_\_\_\_ Given name: \_\_\_\_\_

Surname 2: \_\_\_\_\_ Given name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_  
(residence)

E-mail Address: \_\_\_\_\_

E-mail address is especially important if you want to receive SECA communications

Please mark (✓) your choice as a volunteer: ☐ Board of Directors member  
☐ Stampede Breakfast Helper  
☐ Don't know, ask me!

Payment (\$20.00): Cash: \_\_\_\_\_ Cheque # \_\_\_\_\_

**ADVERTISING OPPORTUNITIES are available on our publisher's website [www.mindsdesign.ca](http://www.mindsdesign.ca). Please visit to get more information.**

**THE SHAWNEE EVERGREEN COMMUNITY NEWS** is the official newsletter of the Shawnee-Evergreen Community Association and is distributed free to all residents of these areas eleven times a year. Circulation is approximately 3000.

**SUBMISSIONS** - Please direct editorial enquiries to [info@shawneeevergreen.ca](mailto:info@shawneeevergreen.ca) and ad enquiries to Bobbie-Jo Bergner at 403.203.9152 or [info@mindsdesign.ca](mailto:info@mindsdesign.ca).

**DISCLAIMER** - The opinions expressed within any published article or advertisement are those of the author and do not necessarily reflect those of the Shawnee-EvergreenCommunity Association or the publisher.



# Shawnee-Evergreen CA Membership Benefits



- You are entitled to one vote per membership at the Shawnee-Evergreen Community Association AGM in September.
- You, and residing members of your family can participate FREE at the Annual Shawnee-Evergreen Stampede Breakfast in June.
- CARDEL REC SOUTH COMPLEX. SECA Members receive a reduced fee rate. See inside this newsletter for program information.
- TRICO CENTRE. Support your community by purchasing a pass at Trico Centre. A portion of your pass fee is allocated to SECA.
- Your Board of Directors represent the community in all aspects of community needs such as developments – including future developments, traffic concerns, LRT needs, roadways, community playgrounds, and liaises with other communities on a wide variety of concerns and issue.

## TO OBTAIN MEMBERSHIPS:

1. Those who have not purchased a family membership are required to obtain a membership to take part in the festivities, to vote at the Annual General Meetings or receive reductions in fees for the Cardel Rec South Complex programs.
2. Memberships can be purchased - at any functions, the Annual General Meeting in September, OR fill out the form on page 4 and send it as directed on the form to S.E.C.A. Also available at the Cardel Rec South Complex. Memberships are \$20 per year and must be renewed annually by May 1st.
3. Memberships may now be purchased on-line by going to the SECA web site at <http://www.shawnee-evergreen.ca/Membership.page> and "clicking" on the "Pay Membership Fee via PayPal" button below the "Membership Form".

**NOTE:** If you have any item of interest for **SHAWNEE SLOPES** and/or **EVERGREEN ESTATES RESIDENTS**, please forward them to SECA at **INFO@SHAWNEEVERGREEN.CA**.

Submissions for the Newsletter are due on the 4th day of the month for the next month's issue.

## MEMBERSHIP INFORMATION SHAWNEE-EVERGREEN COMMUNITY ASSOCIATION

If you live in area specified below (inside the lines and your street address name contains EverGREEN or Shawnee) or you are a resident of the Beacon Hill condominiums at 14645 6th Street S.W., you are eligible to be a regular member of the Shawnee/Evergreen Association. (S.E.C.A.)



**SUPPORT YOUR COMMUNITY  
ASSOCIATION.  
BUY A MEMBERSHIP TODAY!**



Cardel Rec South offers a variety of recreational and educational program for all ages. We are a strong supporter of the Home Schooling community as well and offer several options for children aged 6 and up.

Visit our website at:  
[www.cardelrec.com](http://www.cardelrec.com) for a complete listing of our programming.





## START PLANNING YOUR *winter* VACATION

**A**lthough it may seem like the winter months are far away, now is the perfect time to get a head start planning your next holiday. While a lot of people like to head south during the cooler months, there are lots of good reasons to explore our national backyard instead.

Some of the best ski resorts in the world are in our own country and boast some of the top snow conditions, too. Whether you love to ski or snowboard, most resorts also offer other activities like snowshoeing, skating, cross country skiing and more.

If you are looking to save some money, consider renting a condo near a ski resort. You can cook some of your own meals and feel at home with more space to relax and unwind.

### Here are the top three tips travel experts recommend when planning:

1. Start your research now. Ask friends what winter destinations they have visited and where they liked the best.
2. Consider places you have visited in summer. Destinations like the Columbia Valley in British Columbia are well known for their summer activities, but offer skiing, skating and other winter as well. Plus, the famous hot springs at Radium and Fairmont are open all year long.
3. If you have flexibility, the best deals are usually found in late November through mid December, and then again mid-January to late March.

~ [www.newscanada.com](http://www.newscanada.com)

# REMEMBRANCE DAY CEREMONY

**P**lease join your neighbours and the King's Own Calgary Regiment on Saturday, November 11, 2017 for the sixth annual Remembrance Day ceremony at Battalion Park. Originally named Camp Sarcee in 1915, Battalion Park commemorates the soldiers who trained here for the trench warfare of World War I. Members of the Calgary, Lethbridge, Central Alberta and Edmonton battalions hauled over 16,000 stones onto the hill to form the numbers 137, 113, 151 and 51, representing the regimental numbers of their battalions. In 1991, after members of the 137 Battalion lobbied to have the stones declared a historic site, Battalion Park was opened. Join us at this important ceremony during Canada's sesquicentennial, and participate in a community moment of silence to reflect on the sacrifices made by these brave Canadians.

**DATE:** Saturday, November 11th, 2017

**TIME:** 10:30 am

**LOCATION:** Battalion Park at Signal Hill



### ACCESS

- We encourage you and your family to walk to the ceremony. Pedestrians can access from Signal Hill Drive until 10:30am. No parking available on Signal Hill Drive SW.
- Parking will be available in designated locations at the Signal Hill Shopping Centre. Attendees will then continue up the stairs behind Lowes to the ceremony site.
- For attendees needing assistance, please proceed to the 'Assistance Drop Off Zone' on the east side of the parking lot where volunteers will be able to transport you to the ceremony site.



# CLEAN LIVING TREND

From organic fair-trade coffee to fitness trackers and vegan restaurants, signs of the clean living movement are popping up in neighbourhoods across Canada. More than a fad, it's a lifestyle transformation that's all about leading healthier and more sustainable lives. Here are some tips to try the trend.

**REFRESH YOUR HOME.** Principles like simplicity and minimalism are key, so give your home an easy clean living makeover by decluttering and editing your space. Go green by reducing your energy consumption, recycling and choosing sustainable materials for new purchases.

**BOOST YOUR MEALS.** Eating clean is less about eliminating taboo ingredients like sugar and more about wholesome balance with a varied diet that focuses on fresh and nutritious fruits and vegetables. Try adding superfoods like avocado, kale or quinoa to your favourite recipes.

**HIT THE GYM.** With clean living, fitness and exercise are ways to get in shape and be healthier, not lose weight. Find a fun way to reap the mental and physical benefits of moving your body, like yoga, CrossFit or "piloxing" — a fusion of Pilates and boxing.

**AVOID DRUGS AND ALCOHOL.** You don't have to give up your glass of red wine with dinner, but moderation is important. Remember to always avoid drugs and alcohol when driving, because even small amounts can affect your ability to drive safely. This includes legal drugs, such as opioid pain relievers and benzodiazepines prescribed for anxiety or sleep disorders.

~ newscanada.com



## Re-elect Mary Martin

Trustee Wards 13 and 14 Calgary Catholic School District

### Serving you as:

- Director, Alberta Catholic School Trustees' Association (2007-2010)
- Director, Alberta School Boards Association (2010-2011)
- Member, Alberta School Boards Association Task Force on Student Health (2009-2013)  
Lead, Alberta School Boards Association Student Health Regional Teams (2010-2013)
- Alberta Representative, National Committee on Student Health (2012-2013)
- Member, Alberta School Boards Association Transformation of School Board Governance Task Force
- Chair, Metro School Boards Group (2012-2014)

- Vice-Chair, Calgary Catholic School District Board of Trustees (2010-2011)
- Chair, Calgary Catholic School District Board of Trustees (2011-2014)
- Vice President, Alberta School Boards Association (2015-2017)
- President, Alberta School Boards Association (2017 -present)

### For:

- Effective, authentic engagement
- The creation and strengthening of strategic partnerships
- Shared responsibility and transparency

Please feel free to contact me at: [marylrmartin@gmail.com](mailto:marylrmartin@gmail.com)

Tel: 403-238-3298 Cell: 403-827-2196

[Twitter.com/marylrmartin](https://twitter.com/marylrmartin) [www.marylrmartin.ca](http://www.marylrmartin.ca)



## October at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

### Adults

- Register now for adult fitness starting in November: Cardio Kickboxing, Fitness Sampler for Beginners, Myofascial Stretch & Release, Ballet Barre Blast, Buti Yoga, Cardio Dance and Yoga Sampler for Beginners.
- More than 70 drop-in fitness classes every week – including aquafitness in our pool. Included with your monthly continuous pass, drop-in fee for non-passholders. See the Drop-In Fitness schedule at [www.tricocentre.ca](http://www.tricocentre.ca) under the Schedules tab or pick up a copy at Guest Services.
- October's Wellness Event is Video Spin Party.

### Older Adults

- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multi-week registered programs start in November.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

### Families, Children & Youth

- All children's programs – from tots to teens – start in November. Swim lessons, skating lessons, dance, gymnastics, sport, and creative classes.
- Li'l Spooks Halloween Party, Tuesday, October 31 from 2:30 to 4:00pm. Costume party! Complete with games, face painting and treats. Passholders \$15 per family, General Public \$20 per family.
- Get Certified: October certification classes include CPRC/AED original and recert, First Aid/CPR Full original and recert.
- Register now for Mommy & Me Fitness, Mommy & Me Barre, and Mommy/Daddy/Me Aquafit new sessions beginning in November.
- Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of fun activities including leisure skate, youth shinny, and stick & puck.

### Fall Wellness Challenge

#### #TRICOTOUGH

Our Fall Wellness Challenge will get you in shape and help you find balance. Visit the fitness desk for more information.

**Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.**



**RUN. PLAY. SWEAT.  
REPEAT.  
GET FIT TOGETHER.**

Affordable monthly continuous passes - more than 70 drop-in fitness options to choose from every week - all are included in your pass!

**Trico Centre for Family Wellness**  
11150 Bonaventure Drive SE  
[www.tricocentre.ca](http://www.tricocentre.ca)





# Neil Lauzon

www.neillauzon.com

homes@neillauzon.com

403.640.7711



**JUST LISTED & SOLD** in Your Neighbourhood!



**1676 EVERGREEN DRIVE SW**

**\$948,500**

- Elegant 5pc en suite with jetted tub, 10mm glass surround shower, dual sinks, & enclosed toilet
- STUNNING views backing onto Fish Creek Park
- Granite & Quartz Counter Tops Throughout
- 2,938 sqft, 4 Bedrooms, & 3.5 Bathrooms



**108 EVERSIDE CIRCLE SW**

**\$402,500**

**1,572 sqft, 3 Bedrooms, & 3.5 Bathrooms**  
**SOLD for 98% of List Price!!**  
**SOLD with Multiple Offers!!**



**48 EVERSIDE PARK SW**

**\$342,500**

- Backing onto an Oversized Pond with Views of Wild Life
- 1,354 sqft, 3 Bedrooms, & 2.5 Bathrooms
- Fully Finished Walk Out Basement
- Stainless Steel Appliances & Centered Island
- Main Floor Laundry
- Dual Upper Masters with 4 pc En Suites & Custom WIC's



**48 BRIDLEWOOD VIEW SW**

**\$309,900**

- Fully Finished Walk Out Basement with Wet Bar & F.P.
- Newer Stainless Steel Appliances & Roof
- Convenient Upper Laundry
- 1,240 sqft, 3 Large Bedrooms, & 2.5 Bathrooms
- Single Attached Garage with Outdoor Stall Parking
- Private Back Yard with Mature Trees & Upper/Lower Deck

**General Consensus for 2017 Market Outlook is Cautiously Optimistic.**

**Neil Lauzon**  
**403.640.7711**

**Top 1% for Remax in Canada!**  
**Call Today For Your Free Market Evaluation!**

Not intended to solicit buyers or sellers currently under contract with a broker.

**RE/MAX**  
 Power of Real Estate Ltd.



# Important Community Phone Numbers

## ALL EMERGENCY CALLS

	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433

## HOSPITALS/URGENT CARE

Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Rockyview General Hospital	403.943.3000
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111

## OTHER

Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7100
Calgary Senior's Resource	403.266.6200
Call Before You Dig	1.800.242.3447
City of Calgary	211 and 311
City of Calgary - Parks & Rec.	403.268.3888
Elder Abuse Resource Line (65+)	403.705.3250
Fish Creek Library	403.221.2090
Kerby Centre for the 55 plus	403.705.3246
City Hall	403.268.2111
City Hall - Mayor's Office	403.268.5622
Road Conditions – Calgary	1.877.262.4997
Trico Centre	403.278.7542
Weather Information	403.299.7878

ReWilding Through Restoration is a program that encourages the regeneration of natural ecosystems within Fish Creek, allowing current and future generations of Albertans to reconnect with, and wonder at, Alberta's natural beauty. This program involves the planting of poplars and other native vegetation along the banks of Fish Creek in areas that have

become degraded by human activity. Friends of Fish Creek volunteers take part in the planting, maintenance and monitoring of the ReWilding Through



Restoration sites until the sites are fully established. This important program is only possible with the hands on support of volunteers and through donations that allow us to purchase the necessary supplies and equipment. It costs only \$15 to ReWild 1m2 of the Park. Together, ReWilding is possible!. To support ReWilding Through Restoration, visit [www.friendsoffishcreek.org/rewild](http://www.friendsoffishcreek.org/rewild)

## REWILDING THROUGH RESTORATION GUIDED WALK - WITH DREW MCKIBBEN

**SATURDAY, OCTOBER 7, 1PM - 3PM**  
**TO REGISTER VISIT:**

[www.friendsoffishcreek.org/event/rewilding-walking-tour](http://www.friendsoffishcreek.org/event/rewilding-walking-tour)

Snow Removal

# the Gutter Doctor

Home Exteriors  
Install/Repair/Clean

EAVESTROUGHS | DOWNSPOUTS  
FASCIA | SOFFIT | ROOFING | SIDING

15,000 happy customers since 2003!

**403-714-0711** [gutterdoctor.ca](http://gutterdoctor.ca)



# Community Civic Chat

## Graham Sucha, MLA Calgary-Shaw

Constituency Office: #328, 22 Midlake Blvd. SE Calgary, AB, T2X 2X7  
(403) 256-8969 ~ [calgary.shaw@assembly.ab.ca](mailto:calgary.shaw@assembly.ab.ca)



### Constituency Update

**N**ow that the fall season is upon us, I am reflecting about the very busy summer we had in Calgary-Shaw. As I am sure you have noticed, there have been a number of construction projects in and surrounding Calgary-Shaw. The intersection at 162nd Ave and McLeod Trail has been completed, the first diverging diamond interchange in Canada. The interchange provides better traffic flow for east and west traffic on 162nd and Sun Valley Blvd. There is also of course the SW Calgary Ring road. This major project will create hundreds of jobs for Calgarians. It is not just roads and highways our government has invested in. We have also made important investments in upgrading schools, including some here in Calgary Shaw. This work also provides construction jobs as

Speaking at the opening of 162nd Ave.



well as makes schools safer for kids. We inherited a large infrastructure deficit after forming government. Now is a great time to make these investments due to low commodity prices. Leveraging these prices makes economic sense and it will help get many Albertans back to work.

The Legislative Assembly will be resuming at the end of this month and it is my duty to make sure your concerns are addressed in Edmonton. When session resumes my top priority will be creating stable, full-time jobs for Albertans. We are seeing our economy slowly recover—jobs are up, manufacturing is up, exports are up and we are seeing gains across most sectors of the economy where other provinces still see declines. This is great news but there is still a lot of work to be done. I am always interested in hearing constituent's ideas for job creations and to discuss how government programs can help small businesses grow. If you have anything you want to share, please email me at [calgary.shaw@assembly.ab.ca](mailto:calgary.shaw@assembly.ab.ca).

**"OCTOBER WAS ALWAYS THE  
LEAST DEPENDABLE OF MONTHS  
... FULL OF GHOSTS AND  
SHADOWS." - JOY FIELDING**



**W**hile most of us do our best to be good neighbours, sometimes we need a little guidance to do the right thing. That's where the Community Standards Bylaw comes in. Updated at the end of 2016, the bylaw promotes good neighbour relationships and addresses community concerns by regulating noise, fire pit use, untidy properties, weeds and grass, graffiti—and nuisances such as flyers.

One of the areas updated in the 2016 review refers to flyers, including non-commercial flyers. If you have a 'no flyer' sign visibly posted at your home, it's a violation of the bylaw to deliver flyers to your door. With the municipal election just around the corner, you should be aware that election advertising is exempt from this bylaw along with newspaper subscriptions, community newsletters and information provided by government and elected officials.

For more information, visit [Calgary.ca](http://Calgary.ca) and enter Community Standards Bylaw in the search bar. If you do continue to receive flyers despite having a 'no flyer' sign at your home, you can call 311 or submit a service request using our 311 app or on The City's web site.





## COWTOWN OPERA

brings the unexpected to  
classics in their season

**Cowtown Opera, Calgary's most innovative indie opera company is excited to announce its 2017/2018 performance season. We have an annual fundraiser and 3 mainstage shows to thrill audiences of every age.**

### EXPECT THE UNEXPECTED

OCTOBER 12TH

**DECIDEDLY JAZZ DANCEWORKS, \$49**

Kicking off the season will be a Cowtown Opera fundraiser and the launch of our visionary, Michelle Minkes first album "Expect the Unexpected". A performance that collides with genres you have never imagined featuring some of the cities finest, Juno Award winning jazz artist, Al Muirhead, Hip Hop Artist, James Noble and Canadian Country Music Award Nominee, Denis Dufrense of Ghostboy. This unforgettable evening at the creative DJD studio will be sprinkled with surprising entertainment as well as well as a silent auction, hors-d'oeuvres and bar. Be among the first to hear opera with the unexpected all while supporting Cowtown Opera!

### A COWTOWN CHRISTMAS

DEC. 9TH

**CENTRAL UNITED CHURCH,  
FIVE AND UNDER: FREE  
STUDENT: \$15.00  
GENERAL: \$25.00**

Do you hear what I hear? It's your annual get-together with your opera-singing relatives! This year dress in your pyjamas! Most festive onesie receives a prize! Baby, it's cold outside and Cowtown is the musical equivalent of a warm cup of cocoa. You'll laugh, sigh, and sing-along (of course!) to your favourite Christmas tunes. Hosted by Calgary's beloved Heebie-Jeebies, and featuring Calgary's top musical talent, come celebrate the most wonderful time of the year.

Visit **COWTOWNOPERA.COM**



## TRICK-OR-TREATING TIPS

**A message from the Federation of Calgary  
Communities Building Safe Communities Program**

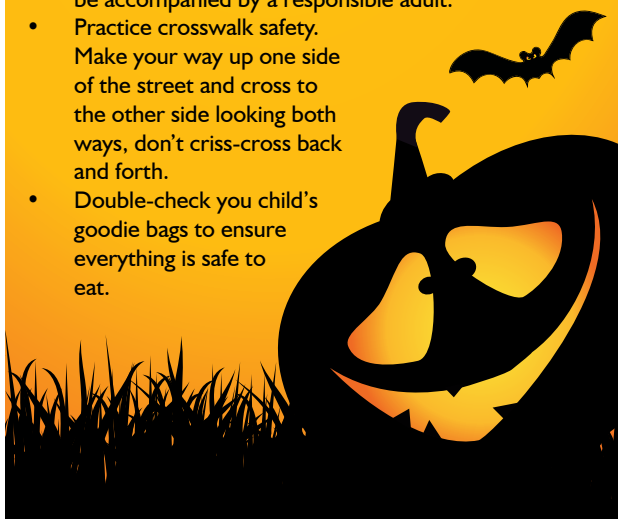
Halloween can be a fun and exciting event for kids (and adults). Below are some informative tips to increase neighbourhood safety on October 31.

### RESIDENTS:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door, and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving be cautious of Goblins, Ghouls and Ghosts out and about in your neighbourhood.

### PARENTS:

- Costumes should be short enough to avoid tripping; and be light coloured in order to be easily seen at night. Having your child wear reflective tape will also help them be better seen by drivers.
- Use non-toxic makeup for the costume instead of masks as they can reduce visibility for your child.
- Create an easy to follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways, don't criss-cross back and forth.
- Double-check you child's goodie bags to ensure everything is safe to eat.







# Living with Inspirational Core Values™

## REV UP YOUR LIFE!

Sundays @ 10:30 at  
The Delta Calgary South,  
East Atrium,  
Note: exception Oct 8,  
West Tower



**Rev. Bruce R. Elvis Sheasby**

There was a carpenter from Galilee who once said "Seek ye first the kingdom of God". He also said, "The kingdom of God is within you and amongst us" and he taught us to pray "thy kingdom come thy will be done on earth as it is in heaven".

Many people 2,000 years ago had a good idea about what a kingdom was, where the king had all the power and control. Yet as benevolent as any king might be, every worldly kingdom was imperfect just as the kings themselves were imperfect.

In today's western civilization, kings and queens are still relevant, yet more powerful is constitutional monarchy yielding power to elected democratic representatives. Perhaps in this context, the Kingdom of God can be limited for some as concept in

describing what is sacred and to be sought as primary within, and on earth as it is in heaven.

*Your Grace Land* is my way of describing what Jesus called the Kingdom of God. Some may think of Graceland as the home of Elvis Presley, and while this was his home and place of comfort and refuge, still this worldly connection falls short of a divine reality just as a worldly kingdom falls short in describing the reality of the kingdom of God. The "Your" in *Your Grace Land* points to the meaning of this reality as both God's place and ours. It is the meeting place of God and man. The isolation of the word "Grace" makes clear the reference to divine "Amazing Grace", where the "Land" to be found is both within us and amongst us, as it is both in the world and out of this world.

Words can only go so far to describe *Your Grace Land*. And so, I also try to help people connect with this reality through music, prayer, scripture and meditation, along with Rev. Elvis gospel songs and messages relating to *Inspirational Core Values*. Consider how authenticity, prosperity and synergy can help you connect with truth; how passion, respect and helpfulness can help you connect with love; how purpose, tenacity and transformation

can help you connect with strength; how meaning, wellness and bridge building can help you connect with purpose; how enlightenment, growth and vision can help you connect with hope; and how creation, adventure and generosity can help you connect with joy!

### Exercise Your Grace Land!

1. Consider how divine Grace has touched your life through truth, love, strength, peace, hope and joy.
2. Reflect on the *Inspirational Core Values* listed above to help you connect with *Your Grace Land*.
3. Join me on Sundays at 10:30 at the Delta Calgary South for *Your Grace Land* where we focus on a positive faith and living with *Inspirational Core Values*.

Bruce Reinhold Elvis Sheasby is a life coach with a passion for helping others connect *Inspirational Core Values* to everyday life. He is leader of *Your Grace Land* church services and co-host of *Your Grace Land* Radio. His upcoming book is *Your Grace Land – Achieving Success with Inspirational Core Values*. For more information, visit [www.yourgraceland.com](http://www.yourgraceland.com)

## SUNDAY SERVICES

Relaxed, informal, focus on God,  
Grace, Spiritual Prosperity and  
Inspirational Core Values

**10:30 a.m.**

Resuming at The Delta Calgary South  
[www.yourgraceland.com/services](http://www.yourgraceland.com/services)

**with Rev. Bruce R.  
Elvis Sheasby**

**Lift Your Spirit! Tune into 5 minute Spiritual Prosperity  
meditations under Services at  
[www.yourgraceland.com](http://www.yourgraceland.com)**



**BOOK YOUR AD TODAY!**

# Your Community CLASSIFIED ADS

To place your classified ad, contact us at 403-203-9152  
or email: [newslettersales@mindsdesign.ca](mailto:newslettersales@mindsdesign.ca) today!

**ATTENTION CHEESE LOVERS!** Willow Park cheese shop hiring part time & seasonal staff. Send resume to [cheese@springbankcheese.ca](mailto:cheese@springbankcheese.ca)

**BASEMENT WINDOWS R-US:** New or larger window openings - includes complete install. Digging, concrete cutting, windows supplied, installed. Window well, backfill, excess material/dirt hauled away. Visit: [www.basementwindowsrus.ca](http://www.basementwindowsrus.ca) or call 403-201-0317. Cell: 403-660-0612

**BRH HOME HANDYMAN SERVICES:**

Doing it right the first time. **FREE ESTIMATES!** With over 35 years experience in plumbing, electrical, drywall, carpentry, painting, tiling, flooring, decks and all areas of renovation/construction. For your **FREE ESTIMATE**, call 403-481-1774

**HARDWOOD FLOORS – COMMITTED TO YOUR SATISFACTION:** Unfinished, prefinished, engineered, laminate flooring, new installs or repairs, exceptional craftsmanship, free estimates! Les at 403-399-0243 or 403-236-7991

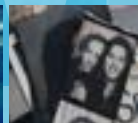
**LAWYER/NOTARY:** client-centered services for: Family/Divorce; Wills; Power of Attorney; Personal Directives; Probate; Real Estate; 212, 20 Sunpark Plaza SE. Kimberly 403-998-7872 [kdeslandes@shaw.ca](mailto:kdeslandes@shaw.ca)

**MGH Landscapes** is now booking Fall Clean Ups and is accepting new clients for Snow Removal for the 2017-2018 season. We service Residential and Commercial clients. Call Mike @ (587)435-4255 or email [mghlandscapes@shaw.ca](mailto:mghlandscapes@shaw.ca) for your free quote. Senior discounts offered. Ask about my Year Round Property maintenance packages.

**NEPTUNE PLUMBING & HEATING LTD.:** Residential and commercial service. Renovations, gas fitting, duct cleaning, and backflow testing. Fully licensed and insured with competitive rates. Customer satisfaction assured. CALL 403.255.7938. 24 HOURS EMERGENCY SERVICE!

## MARDA LOOP JUSTICE FILM FEST

NOVEMBER  
**14 - 19**  
2017



12<sup>TH</sup>  
ANNUAL

**FREE**  
ADMISSION

CALGARY  
ALBERTA

Visit us at our website  
[www.justicefilmfestival.ca](http://www.justicefilmfestival.ca)

Like us on Facebook @justicefilmfestival  
Follow us on Twitter @justicefilm  
Follow us on Instagram @mardaloopjusticefilm

**AS**  
**CONTRACTING**

### LANDSCAPING SPECIALISTS

FOR A **FREE ESTIMATE** ON LANDSCAPING  
CALL SHAWN **403-651-0424**

- CONCRETE INSTALLATION &  
REMOVAL - DECKS - FENCES - SOD - RETAINING WALLS

**WWW.ASFCONTRACTING.COM**

FOR A **FREE ESTIMATE** ON YARD MAINTENANCE  
CALL BRAEDEN **587-438-0036**

- WEEKLY CUT STARTING AT \$35 - SPRING/FALL CLEANUP  
- MONTHLY SNOW REMOVAL STARTING AT \$110  
- PRESSURE WASHING - CONCRETE SEALING

**Top Turf**

**PLUMBING PARAMEDICS:** For all your plumbing needs! Receive \$25.00 off any plumbing or heating repair over \$200.00. Expires October 31, 2017. BBB Accredited Business. Call today! 403-452-2911 [www.plumbingparamedics.ca](http://www.plumbingparamedics.ca)

**HANDY HONEY DO & GARAGE CLEANERS:**

Give me a call. I will take a look. I will give you a price.  
Call Mark at 403-478-4355.



# Dave Rodney, MLA Calgary-Lougheed "Onward & Upward"



## SERVING WOODBINE, WOODLANDS, EVERGREEN & BRIDLEWOOD

calgary.lougheed@assembly.ab.ca ~ Phone: 403-238-1212 ~ 311A-2525 Woodview Dr SW



### Left:

It was an honour to participate in Firefighting 101; & I offer my humble thanks to those who risk their lives every day, so that we can be safe from all sorts of major problems!

### Bottom Left:

I tip my hat to Federal Conservatives Andrew Scheer and John Barlow, & Alberta United Conservative Jason Kenney, who work tirelessly for Albertans & Canadians!



## DEEPER AND DEEPER DEFICIT AND DEBT:

Peter Lougheed sent Alberta in the direction of the best net asset position of any jurisdiction in the free world; and I was there when Ralph Klein raised the pivotal "paid in full" sign, which helped AB to become the best place to live, work, and raise a family. Meanwhile, the NDP's first budget had a \$12 billion deficit; and their second will be about the same. The gov't is continuing on a path of unrestrained spending growth with no plan to ever bring the budget back to balance; and according to their own numbers, in one term, they will put AB's close to \$100 billion in debt! The NDP's latest Quarterly Fiscal Update indicated that debt servicing costs alone have risen to \$1.4 billion per year, which means they are using \$1.4 billion of your tax payer dollars simply to cover the interest on the debt they are accumulating - every year! That's an entire South Calgary Health Campus - every year! It's also \$1.4 billion that cannot be spent on teachers, nurses, roads, hospitals, schools,

and much more! These costs will only continue to increase, as the NDP increase your provincial debt.

Since the NDP took office, unemployment rates have reached historic highs: and those aren't just numbers, they're people...our relatives, friends, and neighbours. ATB has stated that private sector job growth has been lagging unlike ever before; and a recent Fraser Institute report indicates that AB's job creation numbers are now in the bottom half across North America, in a jurisdiction that was perennially at the top of the list! The NDP continue to blame low oil prices for the struggles of the economy, but SK and BC are both out performing AB, and they must deal with the same oil prices as AB...what's the difference?

AB's have been forced to do more with less; and they expect their gov't to do the same. If the NDP want to attract investment and jobs back to AB, it must develop a credible plan to restrain spending, and pay off their ballooning debt. Our caucus is working hard to hold the NDP to account while

offering positive and proactive solutions as we work to restore the Alberta Advantage and get our economy back on track!

## DO AB'S DESERVE BETTER IN EDUCATION?

As UCP Education Advocate, I have been listening carefully to serious concerns of students and families; and they have told me that the lack of consultation with school boards, and poor communication around Bill 1, means that parents had a very short timeframe to react to significant transportation and time changes for the school year. They have told me that the NDP's ever climbing carbon tax will cost school boards even more millions of dollars that they simply cannot afford; and that the same carbon tax is set to increase yet again on January 1, which will leave parents with even less money for after school activities, school lunches, and more. When it comes to supporting choice in education, the NDP had to be embarrassed into supporting a legislative motion on the matter. All of which leads to the question: do Albertans deserve better?





# *FALL* **ADVERTISING**

*We are now accepting local ad  
bookings for all 22 of our*

**OFFICIAL**  
*community association newsletters.*

*Call 403-203-9152  
or email:  
[info@mindsdesign.ca](mailto:info@mindsdesign.ca) today!*