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Community Newsletter



PURCHASE YOUR CA MEMBERSHIP ONLINE: WWW.SHAWNEE-EVERGREEN.CA

THE PROCESS... we help make it easier!

Renovating your kitchen can be an experience of a lifetime and a positive one if you have the right start. However daunting as it may seem at first, the apprehension about following through with a kitchen renovation can definitely be removed from the equation. Once you are seriously sure that you are moving forward, the first person you should speak to is your Design Consultant, who has been through the process with many other clients and can educate you on what to expect and where you need to start.

At that point, you can set your sights on what you need to do next, enabling you to set an approximate end date. There will definitely be bumps in the road, but if you are prepared to go with the flow and just look to solving the problem at hand, it will go a lot easier. Your Design Consultant at Merit kitchens is there to answer any questions you might have.

Whether you are hiring a contractor or coordinating the renovation yourself, you will still need to be aware of the process. Here are a few tips to get you started:

 Meeting with your Design Consultant – Visualize what your dream kitchens looks like to you. Bring pictures that

- you've seen online and keep in mind that not only is it important to have a beautifully designed kitchen, but it's also just as important to have great function.
- 2. Have a Site Measure Completed Your Design Consultant will need to complete a site measure to get the perfect fit for your kitchen cabinetry. This also allows you to have a discussion about your thoughts while you both are actually in the space.
- 3. Meet at the Showroom After your site measure, your Design Consultant is ready to 'put pen to paper'. Based on all of your thoughts and ideas, your kitchen design begins to come to life. At this point, a quote for budgeting purposes is also created. Your Design Consultant will set up a time with you to review your kitchen drawings and costs.
- 4. Final sign-off Once your Design Consultant has captured all of the items that you are wishing for, they will ask you to come into the showroom for a final sign-off meeting. This involves reviewing the 3 dimensional layout of your new kitchen, all colour choices, cabinet door style and hardware.

Visit our Merit Kitchens showroom for a FREE consultation.



SECA President's Report

The weather for our June Parade of Garage Sales was superb. Unfortunately, the same can not be said for our Annual Stampede Breakfast! However, thanks to the great efforts of Pastor Perry Friesen and his volunteers at South Gate Alliance Church along with SECA volunteers (especially Liala Elrafihe who organized putting it together), the breakfast was moved inside and was surprisingly well attended. The setup of the bouncy houses and face painters inside and the use of the stage for the Backroad Traveler Band worked well. The one entertainment feature that had to be missed was the Lil Toot train ride for the kids. I would like to again thank those who helped support the breakfast financially. This includes Dianne Colley-Urquhart and the City of Calgary WCEF (Ward Community Event Fund), Cardel Homes, Jason Kenney (MLA Calgary-Lougheed), and Graham Sucha (MLA Calgary Shaw), Safeway and the Midnapore Tim Hortons. A big thanks to Norm Rousseau and MaxWell South Star Realty who supplied the grills. Norm and his pancake flippers/sausage fryers got drenched by the rain but persevered in order to feed all the attendees.

Diane Colley-Urquhart's Ward 13 Transportation Bus Tour to visit Ward 13 traffic "hot spots" was postponed from June to September. SECA has submitted the following as safety concerns:

- Shawnee Drive missing crosswalk just east of Shawnee Court SW
- Evergreen Drive SW and Fish Creek Blvd intersection
- Evergreen Street and James Mckevitt Road traffic lights to be installed by Cardel (when warranted)
- Repainting of crosswalks on Shawnee Drive is required



From left to right, Norm Rousseau, 5 volunteers from South Gate Alliance, Richard Dingwall, Brad Smith (SECA President) and Kas Elrafih.

Membership month. My thanks to those who joined or renewed their community association membership. However, if you haven't, you can still do so. Just go to the SECA website at http://www. shawnee-evergreen. ca/ and go to the Membership tab. Note that you do **NOT** need to be a

May was

registered PayPal user to pay using your credit card. Just click on "Pay Membership Fee via PayPal or Credit Card" and then click on "Pay with Credit Card or Visa Debit" at the bottom of the next screen. Alternatively, complete and mail or drop off the Membership Registration Form on page 4 with your \$20.00 annual fee to Peter Snell at the address on the form.

Our next Newsletter will be in September. Have a great summer! Brad Smith, SECA President

Stay cool

With weather experts predicting a hotter-than-average summer, we can look forward to some sun and warmth after a cool spring. Whether you are enjoying the season at a lakeside cottage, local park or relaxing at home, use these tips from Health Canada to stay fresh.

Drink up. Did you know that by the time you feel thirsty, you're already dehydrated? Thirst is not a good indicator of dehydration, so drink plenty of cool liquids, especially water, before you feel thirsty.

Find fresh fashion. Wear loosefitting, light-coloured clothing made of breathable fabric. Items made from linen and cotton will help keep you cool and comfortable.

Seek shade. Wear a wide-brimmed, breathable hat or use an umbrella to protect yourself from the sun's harmful rays. If you can't avoid the sun, use a sunscreen that is SPF 30 or higher.

Adjust your plans. Being physically active provides many health benefits, but during extreme heat it can put you at risk even if you are healthy. If you can, reschedule strenuous outdoor activity to a cooler part of the day or another day.

Refresh and recover. Allow your body to recover after heat exposure. Spend a few hours in a cooler treeshaded area or somewhere that's air conditioned, such as a shopping mall, grocery store, swimming facility or public library.

Protect your health and watch for symptoms of heat illness, such as dizziness, fainting, nausea, vomiting, headache, extreme thirst, and unusually rapid breathing and heartbeat.

Heat stroke is a medical emergency. Call 911 or your local emergency number immediately.

~ newscanada.com

SECA Community Connection



WE HAVE VACANCIES ON OUR BOARD.

Do you want to make a positive difference? if so, please contact us at info@shawneeevergreen.ca

We need you to be a member! Please send in your membership today!

HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

- Hosts Easter Egg Hunt at South Gate Alliance Church
- Hosts the June Family Stampede Breakfast (free for members and their resident family) at South Gate Alliance Church parking lot
- Sponsors the June Annual Community Parade of Garage Sales
- Sponsors Community
 Cleanup in September at
 South Gate Alliance Church
- Provides input and authorizes the monthly Community Newsletter delivered to all 3000 + households
- Provides a director for the Board of the Cardel Rec South

Complex Association

- Membership in SECA provides an opportunity to enjoy 10% discount for Cardel Rec South programs if registered before the registration deadline
- Provides a director for the Board of the Trico Centre for Family Wellness
- Supports the Friends of Fish Creek Provincial Park Society
- Works with Cardel Homes, Genstar, Graywood
 Developments and the City
 to ensure that Shawnee
 Park is developed in a way
 that melds with our existing
 community as well as is
 possible

- Diligently alert to the future development of lands surrounding the Fish Creek-Lacombe LRT station
- Is involved with the City on transportation issues (e.g. SW Ring Road development, traffic and safety issues, etc.) that impact our community
- Addresses speeding and other traffic issues within our community (e.g. Shawnee Drive SW and 6th Street SW intersection improvements)
- Join or renew at www.shawnee-evergreen. ca/Membership.page or complete form below



COMMUNITY ASSOCIATION BOARD OF DIRECTORS (2018/19) SEND EMAIL TO: info@shawneeevergreen.ca

Officers		
Brad Smith	President	
VACANT	Vice President	
Peter Snell	Secretary/Treasurer & Membership Secretary	
Other Directors		
Sarah Breu	Director - Social	
Richard Dingwall	Director	
Zeinab El Kady	Director— Cardel Recreation Centre South	
Liala Elrafihe	Director - Social	
Lynn Jobe	Director	
Ajay Khanolkar	Director - Trico	
Michael MacLeod	Director	
Barbara Murray	Director	
Sharon Raduloff	Director	
John Raich	Director	
Norm Rousseau	Director - Development	
Katherine Stasiuk	Director	

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THE SHAWNEE EVERGREEN COMMUNITY NEWS is the official newsletter of the Shwawnee-Evergreen Community Association and is distributed free to all residents of these areas eleven times a year. Circulation is approximately 3000.

SUBMISSIONS - Please direct editorial enquiries to info@ shawneeevergreen.ca and ad enquiries to
Bobbie-Jo Bergner at 403.203.9152 or info@mindsdesign.ca.

DISCLAIMER - The opinions expressed within any published article or advertisement are those of the author and do not necessarily reflect those of the Shawnee-EvergreenCommunity Association or the publisher.

MEMBERSHIP REGISTRATION FORM

To purchase a membership in your Community Association, please fill in this form, attach a cheque for \$20.00 made out to Shawnee-Evergreen Community Association, and mail or deliver to: Shawnee-Evergreen Community Association c/o Peter Snell, 1058 Shawnee Road SW, Calgary AB T2Y 1W5

Household Information (Held in confidence	:e):		
Surname I:	Given name:		
Surname 2:	Given name:		
Street Address:			
Postal Code:Telephotenesidence)	one:		
E-mail Address:			
E-mail address is especially important if you want to receive SECA communications			
Please mark (🗸) your choice as a voluntee	er: Board of Directors member Stampede Breakfast Helper Don't know, ask me!		
Payment (\$20.00): Cash:	Cheque #		

Shawnee-Evergreen CA Membership Benefits



- You are entitled to one vote per membership at the Shawnee-Evergreen Community Association AGM in September.
- You, and residing members of your family can participate FREE at the Annual Shawnee-Evergreen Stampede Breakfast in June.
- CARDEL REC SOUTH COMPLEX. SECA Members receive a reduced fee rate. See inside this newsletter for program information.
- TRICO CENTRE. Support your community by purchasing a pass at Trico Centre. A portion of your pass fee is allocated to SECA
- Your Board of Directors represent the community in all aspects of community needs such as developments including future developments, traffic concerns, LRT needs, roadways, community playgrounds, and liaises with other communities on a wide variety of concerns and issue.

TO OBTAIN MEMBERSHIPS:

- Those who have not purchased a family membership are required to obtain a membership to take part in the festivities, to vote at the Annual General Meetings or receive reductions in fees for the Cardel Rec South Complex programs.
- Memberships can be purchased at any functions, the Annual General Meeting in September, OR fill out the form on page 4 and send it as directed on the form to S.E.C.A. Also available at the Cardel Rec South Complex. Memberships are \$20 per year and must be renewed annually by May 1st.
- Memberships may now be purchased on-line by going to the SECA web site at http://www.shawnee-evergreen.ca/ Membership.page and "clicking" on the "Pay Membership Fee via PayPal" button below the "Membership Form".

NOTE: If you have any item of interest for SHAWNEE SLOPES and/or EVERGREEN ESTATES RESIDENTS, please forward them to SECA at INFO@SHAWNEEEVERGREEN.CA.

Submissions for the Newsletter are due on the 4th day of the month for the next month's issue.

MEMBERSHIP INFORMATION SHAWNEE-EVERGREEN COMMUNITY ASSOCIATION

If you live in area specified below (inside the lines and your street address name contains EverGREEN or Shawnee) or you are a resident of the Beacon Hill condominiums at 14645 6th Street S.W., you are eligible to be a regular member of the Shawnee/Evergreen



SUPPORT YOUR COMMUNITY ASSOCIATION. BUY A MEMBERSHIP TODAY!



REC

Cardel Rec South offers a variety of recreational and educational program for all ages. We are a strong supporter of the Home Schooling community as well and offer several options for children aged 6 and up.

Visit our website at: www.cardelrec.com for a complete listing of our programming.









Chronicle



Shawnee/Evergreen Community News



The "SCA" Gazette



The Breeze



Around the Bay



Hello Acadia



Reporter



Riverbend Review



About Towne



MOCA Motion



McKenzie Lake Gazette



Copperfield Mahogany



Bridgeland Riverside Bridges



Downtown West Voice



Ridge Review



DouglasQuarry Bridges



Canyon Meadows



CKE News



The Broadcaster



Evergreen Edge

FIRE PIT REGULATIONS HELP CREATE GOOD NEIGHBOUR RELATIONSHIPS



When you ask Calgarians what they love about this city, the answer is often "the people." While most of us do our best to be good neighbours, sometimes we need a little guidance to do the right thing. That's where the Community Standards Bylaw comes in.

Did you know the Community Standards Bylaw lays out the requirements for using backyard wood-burning fire pits? The regulations for fire pits include:

- Using a mesh screen or spark guard to reduce the spread of embers and sparks.
- Extinguishing the flame by midnight on weekdays and I a.m. on weekends.
- Restricting the height of the flame to one metre.
- Building a fire pit within maximum size limits.
- Listing materials that cannot be burned.
- Ensuring the fire pit is at least two metres from other structures and is not under a tree or overhanging branches.
- Ensuring you have a means of extinguishing the fire on hand and that you put it out before leaving it unattended.
- The bylaw includes fines for unsafe fires and burning prohibited materials, so it pays to understand the bylaw.

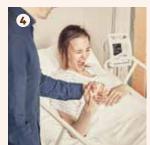
For more information, visit calgary.ca/firepits. If you have a concern or complaint about fire pits, call 311.

Planting Primrose

















Guaranteed to grow.

SUMMER FESTIVAL SAFETY TIPS

A MESSAGE FROM THE FEDERATION OF CALGARY COMMUNITIES



Calgary has lots of entertaining, creative and crowded festivals, events and rodeos. With all the fun and excitement, it's important to remain safe and aware of your surroundings when you and your family partake in all the summer festivities.

HERE'S A FEW TIPS FOR THE SUMMER.

- Stay hydrated, wear a hat and apply proper sunscreen. If you begin to feel tired and show signs of muscle fatigue take a break in the shade and get some water. Personal battery-operated fans, umbrellas and sliced watermelons are great ways to keep your body comfortable.
- Be prepared for various degrees of weather. Pack and bring suitable clothing like a raincoat in case. Take cover inside or under any form of a secure shelter in case of a thunderstorm.
- Many of the venues you will participate in will have food, so ensure that with cold food products that they are stored in cooler areas and not left in the heat before purchase. With hot foods, ensure that they are eaten shortly after being cooked this can reduce bacteria. A healthy diet will keep you energized throughout your time.

For more information visit our website at calgarycommunities.com

BOOK YOUR AD TODAY!

Your Community CLASSIFIED ADS!

To place your classified ad, contact us at 403-203-9152 or email: newslettersales@mindsdesign.ca today!

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DISCOUNT PERK FOR SUMMER*: 1st Referral 10%, 2nd Referral 15%, 3rd Referral 20%. *Discount is one cleaning per referral. Gift Certificates Avail. Bonded - Licensed - Insured.

Call: 403-519-6111 or email: info@cleaningartists.com

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8

CALGARY COMMUNITIES

FEDERATION OF

ACTIVE living at work

If you're like most people, squeezing a bit more physical activity into your day wouldn't hurt. An easy way to do this is to make small, sustainable efforts to be more active as you go about your day.

Here is what some of their resources say about incorporating activity into your daily work routine:

TAKE A LUNCH BREAK: Take some time to step away from your desk and use your lunch time for a workout. Go for your favourite type of exercise or try something new and exciting, like a kickboxing or high-intensity spinning class. Check out local gyms and fitness centres near your office — many offer free trials so you can check out the facilities before committing to anything. You can even do something as simple as take a nice, long walk during lunchtime.

GET MOVING AT WORK: Research shows that both the people and the workplace itself benefit when employees are encouraged to be active. Positive effects of physical activity include higher productivity, lower absenteeism and turnover, reduced stress and a happier workplace culture. Work with management or human resources to find creative ways of encouraging movement, like a plank challenge or bringing in an instructor to lead lunchtime yoga sessions.

STRETCH AND FLEX: Active living isn't just about strength training and cardio — it's important to have a mix of activities in your routine. Flexibility routines are great for your body, helping you maintain your ability to bend and stretch easily, which can get harder as we age. The Canadian Centre for Occupational Health and Safety recommends breaking for five to 10 minutes for every hour you spend at a work station. Do some stretches, get up and walk over to a coworker's space rather than communicate via phone or email, and start and end your workday with a short set of stretches.

USE THE BUDDY SYSTEM: It is sometimes hard to stick to your goal of incorporating more activity into your work day, but if you find someone willing to share the challenge it can make it easier and more enjoyable. A co-worker might have a similar schedule, or if a friend or relative lives or works nearby, they can also be a great exercise partner. Go on walks together or sign up for a lunch class and make the commitment to show up for each other.



Savvy summer running tips

Whether you're an advanced runner or just lacing up, running outside during the summer is a great way to experience and enjoy the outdoors. Make the most of the experience with a pump-up playlist and some muscle music.

SET THE TONE. Looking to beat a personal record or run further on your favourite trail? Set the tone by picking music with the right tempo. Although it may seem intuitive, research shows a direct correlation between fast-paced music and athletic performance. When building a playlist, look for songs between 120 to 140 beats per minute to maximize your potential.

CUSTOMIZE FOR CHALLENGE. Find exhaustion kicks in at five or 10 km? Build your playlist to help push you through the most challenging parts of your workout by picking a song that either inspires you or has the highest beats per minute.

DOWNLOAD TO SAVE. Streaming music services provide vast libraries to build your playlists, but can devour your data. Count miles not megabytes on your run and take a moment to download playlists in advance.

~ newscanada.com

YOUR CITY SECTION

Community Services

facebook.com/thecityofcalgary twitter.com/cityofcalgary calgarycitynews.com

Check out these important updates from The City of Calgary		
Save money, water and time this summer by adopting some simple water saving tips. Find out more at calgary.ca/yardsmart.	calgary.ca/ yardsmart	
The Community Standards Bylaw lays out the requirements for using backyard woodburning fire pits. Find out more at calgary.ca/firepits.	calgary.ca/ firepits	
The City of Calgary is offering hundreds of artistic and creative programs for all ages, interests and abilities. Discover your inner artist! Visit calgary.ca/register.	calgary.ca/ register	
The City's Fall Recreation Program Guide has hundreds of fun and affordable activities to help your family get more active. Registration opens July 24. Visit calgary.ca/register.	calgary.ca/ register	
The City of Calgary can help keep your kids active, busy and close to home this summer. Visit calgary.ca/daycamps to learn more and register.	calgary.ca/ daycamps	
This summer, The City of Calgary is offering fun, affordable golf opportunities for you and your family to get more active, more often. Visit calgary.ca/golf.	calgary.ca/ golf	
The City's Summer Youth Passport is back! Unlimited swimming, skating and gym activities from July 1 to August 31 for less than \$1 a day. Visit calgary.ca/youthpassport.	calgary.ca/ youth passport	
Did you know the Glenmore Sailing School is the largest sailing school in Canada? Visit calgary.ca/sailing to register for sailing lessons.	calgary.ca/ sailing	



ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Rockyview General Hospital	403.943.3000
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7100
Calgary Senior's Resource	403.266.6200
Call Before You Dig	1.800.242.3447
City of Calgary	211 and 311
City of Calgary - Parks & Rec.	403.268.3888
Elder Abuse Resource Line (65+)	403.705.3250
Fish Creek Library	403.221.2090
Kerby Centre for the 55 plus	403.705.3246
City Hall	403.268.2111
City Hall - Mayor's Office	403.268.5622
Road Conditions – Calgary	1.877.262.4997
Trico Centre	403.278.7542
Weather Information	403.299.7878

"Rejoice as summer should...chase away sorrows by living." - Melissa Marr



Organ donors save lives ~ newscanada.com

Most of us support improving and saving lives through organ and tissue donation, but only a fraction of us take the time to register.

This disparity between good intentions and actions has real-world consequences. While thousands of people have received the gift of life, others have died waiting because there just are not enough organs to meet the demand.

Today, more than 1,500 people in Ontario are on the waitlist for a lifesaving organ transplant, and every three days someone will die without one. Some patients have been on dialysis for years; others are waiting for lungs to breathe on their own again; while others have burns so severe that they require skin grafts.

By registering to become a donor, you can have the power to save or change someone's life. One organ donor can save up to eight lives and enhance as many as 75 more through the gift of tissue.

A beating heart, strong lungs, a healthy liver or functioning kidneys will save the life of someone in the end stages of terminal diseases. Eyes can restore sight; skin can help burn patients; heart valves can help patients with congenital heart disease; and bones, tendons and ligaments can help people walk and run.

"Registering as an organ and tissue donor is one of the most selfless, altruistic decisions anyone can make," says Ronnie Gavsie, president of Trillium Gift of Life Network, the agency responsible for overseeing organ and tissue donation in Ontario. "Based on the support we know exists for donation, we could put an end to preventable deaths on the waitlist if more people registered."

So, what holds people back? Some believe their age or health prevents them from being an organ donor. In actuality, age does not preclude someone from becoming a donor, and each potential donor is assessed at the time of death for medical suitability.

Others may not have registered under the misguided assumptions of religious restrictions, but the fact is, most major religions support organ and tissue donation and may even encourage it, as it can save a life. More info.: www.beadonor.ca.



CITY-WIDE DAY CAMPS

Spaces still available!

Not sure what your kids will be doing this summer? Let The City of Calgary help you beat summertime boredom with one of our quality-instructed day camp programs.

From visual and performing arts-based programs at our arts centres to sailing, golf, and Swim & Fun recreational programs, we can help keep your kids happy and active during the summer months. Offering a variety of fun, physically active and educational day camp programs at dozens of locations, The City of Calgary offers something for all interests and abilities at affordable rates, while staying close to home.

To see which program may be right for your child, visit calgary.ca/ daycamps.







Jason Kenney, MLA Calgary-Lougheed

311A, 2525 Woodview Dr. S.W. Calgary, Alberta T2W 4N4 Phone: (403) 238-1212 Email: calgary.lougheed@assembly.ab.ca

REPRESENTING THE COMMUNITIES OF BRIDLEWOOD, EVERGREEN, WOODBINE & WOODLANDS

In addition to serving Leader of the Official Opposition, I am proud to represent the good people of Calgary Lougheed in Alberta's Legislature. Here are some recent highlights:

Motion 505:

One of the most important issues facing our province in the years ahead is rebuilding Alberta's economy and getting Albertans back on the job. One of the keys to our future success will be revitalizing our energy industry. We need to get Alberta oil to the global market. The most efficient, safest, and most environmentally responsible way to do it is through new pipelines, incorporating modern technology. Many projects have been proposed to accomplish this goal. Yet, one-by-one, they have been mothballed as reams of new regulatory red tape have effectively handcuffed Alberta's energy industry.

The most transparently unfair example is the Prime Minister's insistence that upstream and downstream emissions now be considered before any new pipelines are approved. This new standard only applies to Western Canadian oil; oil tankers coming in from Venezuela, Nigeria, Iran, Qatar, and Saudi Arabia are not regulated for their GHG emissions.

This arbitrary new standard reopens some old wounds in Canada's Confederation. Under the Constitution, the people of Alberta own the resources we seek to develop. Yet the federal government is establishing regulatory powers to prevent development. The door is now wide open for another National Energy Program-level fiasco.

This is why I proposed Motion 505, encouraging the Government of Alberta to do its job and stand up to the Trudeau Liberals. The federal government has no businesses imposing emission regulations on Alberta, especially while ignoring emissions from the other jurisdictions.

The good news is I think the NDP provincial government actually agrees with me on this issue. The bad news is that they aren't willing to actually challenge the Prime Minister on the issue. They voted against my motion.

Formal apology:

Setting recent controversies aside, I was encouraged to hear Premier Notley offer a formal apology on behalf of the Government of Alberta to the children and families so horribly mistreated during the dark period of our history known as the '60's Scoop.

Between the 1950's and the 1980's, here in Alberta and across Canada innumerable Indigenous children were

unilaterally taken from their birth families by the state. It is a shocking reminder of what can happen when even our most valued institutions fail to recognize the basic, individual, Godgiven human rights of all people who walk this Earth. A formal apology to these children and families was long overdue, and I congratulate the Premier on doing the right thing.

As an elected MLA, my first duty is to represent you. If you have questions, concerns, or just want to share your thoughts with me, please feel free to reach out to my Constituency Office (311A, 2525 Woodview Dr. SW), email calgary. lougheed@assembly.ab.ca or call 403 238-1212.

Wishing everyone a wonderful summer and Happy Stampede!





SUMMER WORDSEARCH

EUQEBRABEGDG X W M Q

CAN YOU FIND: Barbeque, beach, heat, lemonade, outside, pool, sunscreen, swimming, vacation





CHALLENGE! This summer, join Calgary Public Library for over 500 free programs — plus a chance at awesome prizes! Kids, families,

and teens can register for Ultimate Summer Challenge at calgarylibrary. ca/summer or at any Library starting May 15. Everyone who registers will be entered to win cool prizes, like Library Boss For A Day or an iPad. See you at the Library!

LIBRARY CARD PERKS YOU NEED **TO KNOW ABOUT NOW Your**

Calgary Public Library card gives you free access to books, eBooks, programs, online resources, printing, plus much more! Book free meeting rooms at libraries across Calgary, borrow musical instruments at Memorial Park Library, or participate in monthly book discussion groups. You can also use our E-Library to read digital magazines and newspapers, download free songs, learn another language, take online courses, and more. Visit calgarylibrary.ca/blogs to learn about more amazing Library card perks.

SPOTLIGHT ON MEMBER BENEFITS: BORROW A CHROMEBOOK Did you

know you can borrow a laptop for the day with your Library card? Chromebooks can be borrowed at 19 locations (every Library except for Rocky Ridge) and are for in-Library use only. Lending laptops is part of the Library's commitment to provide access to information and resources in as many ways as our patrons require. Photo ID and a Library card are required to borrow a Chromebook. Not a Library member? Sign up for your free Library card at calgarylibrary.ca

Councillor Diane's City Hall Update

Councillor Diane Colley-Urquhart

Email: dcolley@calgary.ca - Phone: 403.268.1624 Website: CouncillorDiane.ca Twitter/Instagram: @BigRedYYC - FB: Facebook.com/dianecu

BRIDLEWOOD TRAFFIC LIGHTS

With many area residents bringing their traffic concerns to the attention of both City Road crews and the Ward 13 office, I was happy to assist Bridlewood residents with the much needed traffic installation improvements at Bridlewood Drive. Sitting in the living room of local residents, I saw and heard firsthand about the safety concerns for families.

With the Protected T-Intersection, there is now one lane of free flow traffic in the northbound and southbound direction on James McKevitt Road. This will still provide for good traffic flow on James McKevitt Road, while narrowing the width of the intersection causing traffic to slow down considerably. Eastbound traffic turning left from Bridlewood Road onto northbound James McKevitt Road will have a dedicated lane to turn onto northbound James McKevitt Road. You will note that barriers have been installed to separate northbound through traffic and eastbound traffic to allow for a lefthand turn to go northbound. Already traffic patterns in the area have changed. We will continue to monitor this area.

Sincere thanks to Monoj & Kavita Sarmah, and their neighbors, Hemanta & Binita Shrestha & Shreeram Neupane for caring about your community and your dedication to public safety. As well, huge thanks to Troy McLeod, Director of Roads, and his team on this project and for their tireless work in conjunction with the Ward 13 office and its constituents. This dedication to community is one of the reasons Ward 13 is a great place to raise a family.

PLAYGROUND UPDATES

A number of playgrounds within Ward 13 will be receiving facelifts including the Somerset playground located at 156 Somercrest Grove SW. The old equipment is being completely replaced, and installation is expected to be completed by the end of June. There will be a brief period of site rehabilitation after construction is complete, but it will be open to the public as quickly as possible. Please let me know if you have safety concerns about any of our playground areas and equipment.

SUMMER TIPS

With six months of winter over, and hot sunny days extending into beautiful evenings, everyone will be spending a lot more time outdoors. Have a safe and enjoyable Calgary summer!

Fire Pit Usage:

- Always check to see if a fire ban is in effect before starting a fire.
- Call 311 to report a complaint about a backyard fire pit, or 911 to report an out of control fire pit.
- To see the rules for having a fire pit, please visit the Fire Pit Safety page on The City of Calgary website.



Water Safety:

- If heading out on the water, check river conditions, flow rate and weather conditions.
- Be sure someone knows where you are going and how long you'll be gone.
- Always wear a life jacket - these are required regardless of swimmer strength or water depth.
- Remember to always keep young children within arm's reach - the Lifesaving Society recommends anyone under 7 years of age always be within arm's reach.
- Regardless of age, swimming knowledge is important!

After School Programs:

- All Calgary AfterSchool Programs are free or lowcost, and are drop-in so they do not require registration.
- For more information on the AfterSchool programs offered this summer. please visit the Calgary Afterschool page on The City of Calgary

website.

Community Civic Chat

Graham Sucha, MLA Calgary-Shaw

Constituency Office: #328, 22 Midlake Blvd. SE Calgary, AB, T2X 2X7 (403) 256-8969 ~ calgary.shaw@assembly.ab.ca



Keeping Albertans Working!

The federal government is supporting Alberta and all Canadian by making an investment in the Transmountain Pipeline. The government's intervention is similar to what we saw with Syncrude during the Peter Lougheed Government. As a result of our Premier's tireless efforts to advocate and work on behalf of Albertans to lobby the Federal Government to play their role in ensuring all Canadians benefit from this Pipeline being built, we can now confidently move forward. Providing certainty and investment confidence, shovels are in the ground and many Albertans will be back to work.

Our NDP government is proud to be a part of the first pipeline to be built to tide water since the 1950's. While our commitment to the environment remains a priority, the need to balance our economy and labour is critical for the future of our province. Our government's commitment to provide and protect vital services such as schools, healthcare and social services is supported by the ability to keep Albertans working and making Alberta a great place to do business.

From this I want to thank everyone in my community for their advocacy on the issue. We couldn't have done this without your voice of support. If you want further information you can visit https://keepcanadaworking.ca/

FIGHTING FOR TRADE IN ALBERTA

This month I head down to Spokane with my role as Vice President of the Pacific NorthWest Economic Region. This will involve me continuing to advocate for Alberta's best interest on NAFTA and pushing back on issues surrounding our pipeline including challenging politicians from Washington and BC who want to push for unnecessary delays.

BEING YOUR VOICE

I am humbled to have been granted the opportunity three years ago to sit in the Legislative Assembly of Alberta of your MLA. Every time I am there I bring forward the views of my constituents and vote for bills and policy. Unfortunately some MLA's have made a choice to relinquish their responsibilities as representatives by walking out when the time comes to vote on important issues like pipelines and women's right to healthcare. My commitment as your MLA, is to represent your voice in the legislature, no matter how difficult the discussions or choices are. As always, I can best represent you when I hear from you. Please contact my office with your feedback, questions and concerns.

Do what we can, summer will have its flies.

~ Ralph Waldo Emerson



A TASTE OF AUTUMN WINE & BEER TASTING AND SILENT AUCTION **FUNDRAISER** Friday, September 28 6:30-9:30 pm Canyon Meadows Golf & Country Club, 12501 14 Street SW SHOW YOUR SUPPORT **FOR FISH CREEK PROVINCIAL PARK at** A TASTE OF AUTUMN! Enjoy a presentation from Keynote Speaker Harry Sanders, Calgary based Historian, Historical Consultant, Freelance Writer, Public Speaker, and former Calgary Historian Laureate. Sample beer and wine from local producers Six Corners, Field Stone, Village Brewery, Spirit Hills, Zero Issue and Wild Rose, and bid on amazing silent auction items provided by local community organizations. Tickets are only \$75 and you will receive a

event/autumn 18

tax receipt for \$35. Get your

Westlet Gift of Flight Raffle

trip ticket for 2 to anywhere

tickets to win one round

Westlet Flies! Draw at A Taste of Autumn. Pick up your fundraiser tickets on or before July 22 for a chance to win a

private minibus tour of the

west end of Fish Creek for you and seven friends! A Taste

of Autumn tickets on sale at www.friendsoffishcreek.org/

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END OF SUMMER CLEARANCE !!!

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间Husqvarna

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尚Husqvarna

LC221R Mower

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NEW Calgary Location: 3404, 114TH Avenue SE, Calgary, AB