

FEBRUARY 2020

DELIVERED MONTHLY TO 7,300 HOUSEHOLDS

# THE EVERGREEN

## BULLETIN



OFFICIAL COMMUNITY NEWSLETTER OF EVERGREEN AND EVERGREEN ESTATES

**CONGRATULATIONS  
TO THE WINNERS OF  
THE ANNUAL CHRISTMAS  
LIGHTS CONTEST 2019**

**EVERGREEN WINTER  
FESTIVAL IN FEBRUARY!**

DON'T MISS IT! MORE DETAILS INSIDE

**2019 CHRISTMAS LIGHTS  
CONTEST WINNERS  
ANNOUNCED!**

CONGRATULATIONS!

**GRASSROOTS SOCCER**

SPRING INFO IS COMING UP



# Your University in South Calgary



**St. Mary's University**  
**OPEN HOUSE**  
**Saturday, Feb. 8, 2020**

Learn More: 403.531.9130 | [stmu.ca](http://stmu.ca)

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 \$200 PLUS**

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 SHADINGS WITH  
 POWERVIEW®  
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## CALGARY FOOTHILLS SOCCER CLUB

DEVELOPING EXCELLENT PLAYERS AND OUTSTANDING PEOPLE

OFFICIAL YOUTH SOCCER PROVIDER FOR:  
 Auburn Bay, Canyon Meadows, Cranston, Deer  
 Ridge, Deer Run, Lake Chaparral, Mahogany,  
 Marquis De Lorne, Queensland and Walden



### DID YOU KNOW?

**We are your local soccer provider**

1 of 4 Canadian Soccer Association Club Licence holders in Calgary

Only Calgary Club with full-size 11v11 indoor turf facility and Turf Skills Center

Professionally qualified Phase Area Leads at every age group  
 (Canada and Europe Licencing)

In-house Sport Science program to develop athleticism and injury prevention

Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches

Verifiably Calgary's best program with more resources and pathway to pro-am for  
 boys and girls

8 Canadian National Youth Championships Won

Foothills FC are 2018 PDL/USL2 Champions

Foothills WFC are highest level of women's soccer in Canada and 2019 UWS  
 Western Conference Champions



**OUTDOOR 2020 SEASON:** Program details and online registration available January 20th to March 31st at [www.gofoothills.ca](http://www.gofoothills.ca)



# CECA BOARD CONTACTS:

### EXECUTIVE

President	Mohamd Sltan	president@myceca.ca
Vice President	Paul Bushell	vicepresident@myceca.ca
Treasurer	Belinda Ball	treasurer@myceca.ca
Secretary	Aaron So	secretary@myceca.ca
Past-President	Adam Frisch	adam.frisch@myceca.ca

### MEMBERSHIP AND VOLUNTEER COMMITTEE

Membership Director	Jim Himer	membership@myceca.ca
Volunteers Director	Omid Samadian	volunteers@myceca.ca

### FUNDING COMMITTEE

Fundraising & Grants		
Director	VACANT	info@myceca.ca
Sponsorship Director	VACANT	
Casino Director	VACANT	

### COMMUNICATIONS COMMITTEE

Newsletter Editor	Olga Osi	newsletter@myceca.ca
Social Media	Caryn Salageanu	www.facebook.com/myceca
Webmaster	Tina Baker	website@myceca.ca
IT Director	Tim Rosenquist	info@myceca.ca

### TRAFFIC AND SAFETY COMMITTEE

Traffic Director	Paul Bushell	traffic@myceca.ca
Safety Director	VACANT	safety@myceca.ca

### RECREATION AND EVENTS COMMITTEE

Recreation Director	Ethan Longinotti	ethan.longinotti@myceca.ca
Events Director	Ahmad Sltan	events@myceca.ca
Ice Rink Director	Jodine Williams	jodine.williams@myceca.ca
Ice Rink Director	Darren Bailey	Darren.bailey@myceca.ca
Seniors Director	Sherrisa Celis	sherrisacelis@myceca.ca

### PLANNING COMMITTEE

Inventory Manager	VACANT	
Development	Darren Bailey	
Director		
Community Permits	Adetoun Osuntogun	adetoun.osuntogun@myceca.ca
Director		

### LIAISONS TO CECA

Councillor Ward 13	Diane Colley-Urquart	www.councillordiane.ca
Neighbourhood	Richard Lam	richard.lam@calgary.ca
Partnership Coordinator – City of Calgary		

If you are interested in a vacant position, please email [info@myceca.ca](mailto:info@myceca.ca)

Hello Evergreen Residents,

Winter was in a full swing during January, yet, the ice rink was always busy with skaters of different age groups. It takes a lot of efforts and cost to maintain the rink. You can help us by volunteering with the group that maintains the rink. Please e-mail [volunteers@myceca.ca](mailto:volunteers@myceca.ca) to include you in the list of volunteers. They will send you an email whenever they plan to maintain/flood the rink and if you can make it that day, would be great.

Our annual **Winter Festival** is this month. The event will be held on Sat. February 15th at the CECA Outdoor rink at 1150 Everridge Drive SW, east of Marshall Spring School, from 1:00 – 3:00 PM. Thank you to Evergreen Starbucks for donating the hot chocolate and to Jason Kenny's office for donating three tickets to Glenbow Museum, snacks and small gifts for little kids. There will be skating, wagon rides (free for CECA members and \$10 (cash) for non-members), a puck drop, toboggan races and a snowman building competition (weather permitting). Check our website/Facebook page for details.

Calgary Evergreen Community Association (CECA) is a separate entity form Evergreen Residents Association that most of residents are paying an annual fee of \$105 (homeowner fees) which is used for ongoing operations and maintenance of the community entrance features and feature park sites. All CECA's activities are funded through membership sales, grants, and generous donations of businesses and residents. You can buy membership via our website: [www.myceca.ca](http://www.myceca.ca) or at site during any of the events. **Annual membership is \$20 per family** per year.

If you have any questions about what is happening in Evergreen, you can always contact us at [info@myceca.ca](mailto:info@myceca.ca).

Thank you for your continued support.

Mohamd Sltan, President

Calgary Evergreen Community Association (CECA)

e-mail: [president@myceca.ca](mailto:president@myceca.ca)



## Editorial Deadline!

Please submit all newsletter content to the CECA **by the 5<sup>th</sup> of the month!**

(E.g. January 5th for February newsletters.)

All submissions can be sent to

[newsletter@myceca.ca](mailto:newsletter@myceca.ca).



Coming back to Evergreen!

# GRASSROOTS SOCCER SPRING 2020 PROGRAM

For youth ages 4 to 8 years old,  
this grassroots program focuses  
on fun and development!

## DATE

8-week season, April 27 – June  
28 (1-2 day/week)

## FORMAT

1 hour skills and activities with  
a program wrap-up and  
certificates/swag  
for all participants

Details on location, program  
cost, date/times coming soon!

## CONTACT

For further information, contact  
grassroots@calgaryminorsoccer.com



BRAIN  
GAMES

SUDOKU

			7				1	3
		8	3				2	
3		9	2			4		8
							5	
		5	9		7	1		
	2							
8		3			4	5		9
	9				1	2		
7	4				3			

FIND SOLUTION ON PAGE 11

## 5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

### Nearby Community Newsletter Magazines:

To Advertise Call 403 720 0762  
Email [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**GREAT NEWS MEDIA**  
LEADERS IN COMMUNITY FOCUSED MARKETING

SATURDAY 15 FEBRUARY 2020 1PM TO 3PM

VISIT MYCECA.CA FOR MEMBERSHIP DETAILS

# EVERGREEN

## • WINTER •

# FESTIVAL

1150 EVERRIDGE DR SW  
CALGARY, AB

HORSE DRAWN SLEIGH RIDE!  
FREE FOR CECA MEMBERS  
\$10 FOR NON MEMBERS



**SNOWMAN  
BUILDING  
CONTEST**



**HOT COCOA  
BAKED GOODS  
FIRE PIT**



**PUCK TOSS  
TOBOGGAN  
PULL**

50/50 FUNDRAISER FOR OUR COMMUNITY ICE RINK!



## CECA UPCOMING EVENTS

### Seniors' Hobnob Social

**February 26, 2020 from 6:00pm – 7:00 pm.**

CECA and Swan Evergreen will be hosting a seniors' social event at Swan Evergreen on the **last Wednesday** of the month: It's FREE!

Swan Evergreen, 2635 Eversyde Ave SW.

Come join CECA's senior group for a meet and greet. Get to know other seniors in your community and find out what other senior exclusive programs are offered in the area!

For more info please e-mail [seniors@myceca.ca](mailto:seniors@myceca.ca).

### Winter Festival

Feb 15, 2020 at 1pm-3pm.

CECA is excited to announce our **annual 2020 Winter Festival!** Bring your family members and enjoy a horse drawn sleigh, participate in ice skating, and a snowman building competition (weather permitting). Snowshoe coordinators will be participating to help traverse through snow with snowshoes. Hot beverages and food will be served to all participants. Keep cozy near the fire pit! Test your luck with a sucker pull and puck toss as 50% of the money will go to one lucky winner! Fun for the community and all! Note: horse drawn wagon rides are free for CECA members and \$10 per family for non-members. For more info contact [events@myceca.ca](mailto:events@myceca.ca).

### Kickboxing!

Mondays - January 13th – February 10th, 2020 at 101-7835 Flint Rd SE.

7:45pm – 8:45pm

Kids kickboxing by Kick for Fit partners with CECA to teach kids proper technique while ensuring kids are having fun! Children from 8-16 will learn self-discipline, confidence and respect in these kickboxing sessions. For more info, contact [info@myceca.ca](mailto:info@myceca.ca).

### Evergreen Easter Egg Hunt

Saturday, April 11, 10am – 12 noon

Everwillow Circle Park, 235 Everstone Dr. SW

Volunteers are needed. Contact: [volunteers@myceca.ca](mailto:volunteers@myceca.ca)



## CECA MEMBERS ONLY

The CECA Board has been able to negotiate hundreds of dollars' worth of service for Calgary Evergreen Community Association members only.

Find out more at [www.myceca.ca](http://www.myceca.ca) and <https://www.facebook.com/myceca>.

- ☀ **Orangetheory Fitness Shawnessy** - up to 20%\* discount!
- ☀ **Mari's Bridal Alteration and Sewing** - 15% discount
- ☀ **Darelle's Designs** - 10% discount
- ☀ **Castle Toys** – 15%\* discount
- ☀ **Stampede Cleaning Services**
- ☀ **Your Window Guys** - \$20 off services
- ☀ **The Branch Manager Tree Experts** - \$50 off services
- ☀ **Lawn Guard Ltd** - 20% discount
- ☀ **Sun Country Farms** – coupon found at [www.myceca.ca](http://www.myceca.ca)
- ☀ **Cardel Rec South** – 10% discount

*The Calgary Evergreen Community Association does not guarantee the service, or the products offered by the aforementioned businesses.*

*\*CECA Membership Card required for discounts.*

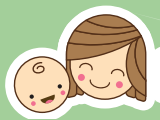
### Evergreen Community Association Board of Director Meetings

First Thursday of every month from 7:00pm to 9:00pm (no meeting in July)

Jets room, Cardel Rec South, 333 Shawville Blvd SE

Meeting of the board to plan events and programs for the community.

Residents of Evergreen are welcome to attend.



Name	Age	Contact	Course
Amber	14	403-606-3640	Yes
Anastasia	19	587-580-5929	Yes
Ashley	35	587-226-2692	Yes
Aurora	19	403-266-2806	Yes
Bronte	20	403-880-1572	Yes
Brooklynn	17	403-988-7976	Yes
Christina	20	403-827-0164	Yes
Cristina	19	403-467-8932	Yes
Dana	18	587-439-5633	Yes
Diana	18	587-481-4810	Yes
Emelisa	51	587-436-7520	No
Emily	14	403-835-0197	Yes
Gabrielle	18	403-201-0528	Yes
Hannah	20	403-993-0740	Yes
Holly	18	587-890-9295	Yes
Jack	17	403-201-0528	Yes
Jordan	17	587-225-0555	Yes
Joumana	15	587-917-7667	No

Joy	47	403-606-6236	Yes
Joy	68	403-888-1062	Yes
Kaitlyn	15	587-832-1506	Yes
Kalysta	18	403-926-0563	No
Kasandra	20	403-926-9056	Yes
Katrina	17	587-434-5055	No
Lauren	12	403-408-7604	Yes
Lulu	24	403-796-7449	Yes
Maddie	20	403-201-7075	Yes
Mel	17	403-629-8404	Yes
Michelle	18	403-256-4366	Yes
Noah	17	403-477-5209	Yes
Priya	25	587-966-4126	No
Ria	24	403-470-9783	No
Sarah	20	403-998-9639	No
Valeria	18	403-830-7991	Yes
Victoria	16	403-992-4653	Yes
Vinona	44	403-629-4152	No
Will	19	587-225-2456	Yes

### Calling All **BABYSITTERS**

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All **PARENTS**

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

## YOUR CITY OF CALGARY

### Calgary Awards Nominations Are Now Open

For 26 years, The Calgary Awards have celebrated exceptional achievements and contributions made by Calgarians. This is your opportunity to nominate deserving

individuals, businesses and organizations that make a difference. Look to your neighbours, colleagues, community leaders, local groups and companies who could qualify as award recipients. Deadline is Monday, February 24. For more information on each award category, eligibility criteria, how to nominate someone, and previous award recipients, visit [calgary.ca/calgaryawards](http://calgary.ca/calgaryawards).



### **PLEASE SLOW DOWN, DRIVE SAFELY AND WATCH OUT FOR EACH OTHER!**

#### **TRAFFIC**

##### **School Traffic**

Slow down! Do not make U-turns anywhere near the schools! This is unsafe and causes confusion and delay for everyone. If you are unsure where the proper drop off zones are for the school, please contact the school. Be orderly, take your time and it will be safer for everyone. To avoid congestion try arriving early. If you children are old enough, please consider having get to school on their own. There is a great pathway system in Evergreen.

##### **311**

If you notice potholes, signs down, traffic lights out or any other road issues. Call 311 to report. You can also use the 311 app on your smartphone to take a picture and submit it to 311. If we all work together, we can make the roadways in Evergreen safe for everyone.

##### **Traffic Speed**

Slow down! There is an overall problem with shortcutting speed through Evergreen. Please be aware of this and adjust your own movements accordingly. Try leaving earlier or taking a different route.

#### **SAFETY**

##### **Crimes of opportunity**

Keep your doors locked! This includes car doors, garage man doors, house doors and garage doors. Too many times I have driven around the community and have seen garage doors open. Get to know your neighbours! You can watch out for each other and let each other know when your doors are open.

## **PLUMBER**

**PLUMBOB** For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**

Download a Neighbour Card at <https://calgarycommunities.com/updates/my-neighbour-card/>

This will help you put down some basic contact info and break the ice with your neighbours.

Typically, the crimes that are reported are break and enter, theft from vehicle and vehicle theft. The later typically because people leave their cars running in the winter to warm them up.

##### **Statistics**

Did you know? You can find out the crime statistics for the city down to a community by visiting, <https://www.calgary.ca/cps/Pages/Statistics/Calgary-Police-statistical-reports.aspx>

##### **Evergreen Safety Concern?**

What do you see as a concern in Evergreen that we need to address, apart from the traffic issues?

Please email me at [traffic@myceca.ca](mailto:traffic@myceca.ca). I will be looking at the Building a Safety Community workshop soon.

##### **Reporting**

Once again, if you witness any traffic issues on an ongoing basis, please take the time to both report it to me at [traffic@myceca.ca](mailto:traffic@myceca.ca) and also via the Traffic Service Request directly to the police. This can be done at <http://www.calgary.ca/cps/Pages/Traffic/Traffic-Service-Requests.aspx>

Please report road and sign issues to 311. This can be done online at <http://www.calgary.ca/CS/CSC/Pages/311.aspx> or at the app website <http://spot311.calgary.ca>

The smartphone app is called Calgary 311.

If you have any traffic questions or concerns, or wish to comment on anything I have written here, you can email me at [traffic@myceca.ca](mailto:traffic@myceca.ca)

Thanks,

*Paul Bushell*  
Traffic Director





## CECA MEMBERSHIP REGISTRATION FORM

***A community association membership is an excellent gift for the whole family! Get a Calgary Evergreen Community Association membership and these are the benefits that your family will enjoy for the whole year!***

**Member Discounts:** Our community partners provide discounts to CECA members. Check out the CECA Members Only section in this newsletter or online under Member Benefits.

Cardel Rec South also extends discounts for community association members for partner communities.

**Events:** Calgary Evergreen Community Association organizes and sponsor the following annual events and programs: Winter Festival, Easter Egg Hunt, Parade of Garage Sales, Community Clean Up, Member-Only Movie Screening, Christmas Lights Contest, seniors' events and

programs, kids' programs, and community engagement opportunities.

Join or renew your membership at <http://www.myceca.ca> or complete the form below and mail along with a cheque for \$20 payable to "Calgary Evergreen Community Association": PO Box 24007 RPO Evergreen, Calgary, Alberta, T2Y 0J9.

All this and more, for only \$20 per year for the whole immediate family! Annual membership expires at the end of the month one year from the when it was purchased.

### **Join Us Today!**

Calgary Evergreen Community Association (CECA) is actively involved in current and future development for the community. This includes developing the Evergreen Community Park (1150 Everridge Dr. SW), community land use, playgrounds and the community outdoor ice rink.

We also advocate for the community on concerns of traffic, safety, and awareness.

Join today and help us plan future community amenities that would benefit ALL EVERGREEN residents. Possible amenities may include permanent ice rink, community centre, rink house, outdoor stage, natural playground, community garden, and park landscaping.

The Calgary Evergreen Community Association is different than the Evergreen Residents Association. Visit the [evergreenresidents.ca](http://evergreenresidents.ca) website to learn more and see if your home is within their boundary. If you are, their \$100 membership is mandatory and is affixed to the title of your property. That fee only goes toward some garden maintenance and landscaping and does not come to the community association.

## MEMBERSHIP REGISTRATION FORM



To purchase a membership in your Community Association, please fill in this form, attach a cheque for \$20.00 made payable to **Calgary Evergreen Community Association** and mail to:  
P.O. Box 24007 RPO Evergreen, Calgary, AB T2Y 0J9

Household Information (Held in confidence):

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Spouse/Partner First/Last Name: \_\_\_\_\_

Residential Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Contact Phone Telephone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

E-mail address is especially important if you want to receive CECA communications. Your email address will be added to our low-volume mailing list. You may choose to opt-out of the list at any time.

Please mark (a) your choice as a volunteer:

☐ Board of Directors member ☐ Don't know, ask me! ☐ Membership Campaign canvasser ☐ Special Events

Payment (\$20.00): Cash: \_\_\_\_\_ Cheque # \_\_\_\_\_

CECA Privacy Policy: All information is strictly confidential.

**Online payment by credit card or PayPal™ is available at [www.myceca.ca/membership](http://www.myceca.ca/membership).**

# Christmas Lights Contest Winners

Thank you very much with participating with our 6<sup>th</sup> Annual **Evergreen Christmas Lights Contest!**

We would like to invite you to the **official announcement** of the winners and runners-up **at the Evergreen Winterfest on Sat Feb 15. 1-3pm at the Evergreen Community Park, 1150 Everridge Dr. SW.**

There will be skating, wagon rides, hot chocolate, snowman building and more.

Bring your neighbors!

Hope you can join us.

If not, please contact me and I can arrange to get the prizes to you if you are a winner.

**1st prize is \$200**

**2nd prize is \$150**

**3rd prize is \$100**

**and three runner-up prizes of \$50**

all in Canadian Tire Gift Cards, graciously donated by **Shawnessy Canadian Tire.**

Happy New Year!

*Paul Bushell, Vice-President*

*Calgary Evergreen Community Association*



*First place*



*Second place*



*Third place*

*Honorable Mention 1*



*Honorable Mention 2*



*Honorable Mention 3*



## ATTENTION LOCAL PHOTOGRAPHERS!



### COVER PAGE PHOTO CONTEST

Send us your best quality photo of the Evergreen Community or fun winter family activities for a chance to be chosen as the Cover image for the Newsletter. You can win a \$10 gift card! Deadline is before the 8th of each month. Pictures must be minimum 1MB in file size and 300DPI. Please send your image to [newsletter@myceca.ca](mailto:newsletter@myceca.ca)

## Evergreen Community Outdoor Rink

**Evergreen Community Park, 1150 Everridge Dr. SW**  
Help with this rink by volunteering your time and/or money to help us buy replacement liners and the cost for flooding and service of the ice. Donate a surface! Want to buy a round of Porta-Ice to resurface the rink? Contact us! [volunteers@myceca.ca](mailto:volunteers@myceca.ca)



Shawnessy Smiles

Dr. Roman Koutsil

*"We don't sell dentistry — we give people a lifetime of smiles with natural-looking teeth!"*

#### LOCATION

647 Shawcliffe Gate SW

Calgary, AB T2Y 1W1

403-254-1124

[info@shawnessysmiles.ca](mailto:info@shawnessysmiles.ca) | [shawnessysmiles.ca](http://shawnessysmiles.ca)



## BRAIN GAMES

## SUDOKU

2	5	4	7	8	6	9	1	3
1	6	8	3	4	9	7	2	5
3	7	9	2	1	5	4	6	8
9	3	1	4	6	2	8	5	7
6	8	5	9	3	7	1	4	2
4	2	7	1	5	8	3	9	6
8	1	3	6	2	4	5	7	9
5	9	6	8	7	1	2	3	4
7	4	2	5	9	3	6	8	1

## VOICE LESSONS

- ◆ 17-year-old vocal coach with teaching experience
- ◆ Reasonably priced
- ◆ Any style

Call or text: 587-434-2106





**BEE  
MINE!**

**Congratulations Ava S. (11)!**  
Thanks to Elise S.,  
Avon Representative,  
for sponsoring the prize.





# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Evergreen. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**BRYAN'S PLUMBING, GAS FITTING:** Semi-retired Master Plumber. No job too small. Faucet replacement. Repairs. Hot water tanks. Free Advice. Free estimates. No GST. Seniors discounts. Call Bryan 403-560-6547 or [brenmak@telus.net](mailto:brenmak@telus.net).

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [officialplumbingandheating@outlook.com](mailto:officialplumbingandheating@outlook.com); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**PLUMBING PARAMEDICS:** Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Ask about our seniors' discount.

**AFFORDABLE DENTAL CARE MINUTES FROM EVERGREEN:** Below ADA fee guide. Your choice of 45-min cleaning, or exam and x-rays, or customized tray teeth whitening for only \$195.00. With 30 + years of no fluff or frills! Cut through the noise and save money. Uncomplicate your dental care and live better! Call today 403-272-7272 or 403-287-6453. Visit [calgarydentalcenters.com](http://calgarydentalcenters.com).

**CHARTERED ACCOUNTANT:** Over 15 years' professional experience. Financial statements audit, review, compilation, corporate and personal tax E-filing, tax planning and minimization, business start-up/incorporation, GST, bookkeeping, payroll. Flexible hours, affordable rate. Canyon Meadows Shopping Centre, #211-11625 Elbow Drive SW. 403-238-6088. [binzhao@binzhaopc.com](mailto:binzhao@binzhaopc.com).

**RELIABLE MASTER ELECTRICIAN:** For all your electrical requirements, big or small, call Campbell Sinclair 403-397-7141 for your free quotation.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**PROFESSIONAL ACCOUNTANT NEAR EVERGREEN:** Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Chartered Professional Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-910-0355 or email [daryl@darlypallesencpa.ca](mailto:daryl@darlypallesencpa.ca).

**JUNK TO THE DUMP / ODD JOBS:** Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

**HUNTER'S HEATING AND COOLING:** Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality Lennox air conditioners and furnaces. We also install tank-less water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit [www.huntersheating.com](http://www.huntersheating.com).

**KITCHEN CABINETS REFINISHED:** Thirty opening kitchen refinished for about \$1350.00. Espresso colour for about \$3500.00. Get the orange out of your honey oak kitchen. Water damage and grime repaired. Environmentally friendly alternative to tearing out cabinets. Not Just Paint Finishing and Handyman Services. Call Doug for free estimate/consult. 403-671-0324.

*~continued on page 15~*



## SouthWest Communities Resource Centre

If you live in SW Calgary and have children at home, you can book a time to visit with one of our Social Workers or Family Education Specialists. They will help you connect with the right services to support your goals, overcome barriers, build skills, develop new friendship and increase personal resilience so that you can move to a place of well-being for yourself, your families and your community. We are all about building a great community that supports each other.

Would you like to stay connected with us? Please drop us an email at [info@swcrc.ca](mailto:info@swcrc.ca) and we will ensure you receive the calendar each month.

### OUR PROGRAMS

All Programs are **FREE** for our families.

#### Counselling

by *Insight Counselling & Therapy*

Our Counsellors have extensive experience and background in health and wellness and will be providing strength and solution-focused counselling to those in need. The cost is \$5/hour for low income families or negotiable.

#### Free Bread

by *ECSSN Career School* Fresh bread available for our families on Mondays - first come first service

#### Building Better Boundaries

by *Canadian Mental Health Association*

This 4-week workshop involves learning how to set boundaries, talking to others about your boundaries, and showing others you respect their boundaries.  
Mondays Jan. 20 to Feb 10 at 2-4pm

#### Magic Carpet Ride

by *CanLearn Society*  
Free program for parents of children 2-5 to play, sing, and learn together. ONGOING REGISTRATION!  
Tuesdays Sept 17 to May 26 at 10am-12pm

#### Mealtime Struggles to Mealtime Success

by *Alberta Health Services*  
Wednesday, Jan 22 at 1-3pm (one time only)

#### Youth Tutoring

Free tutoring program for grade 7 – 12 students  
Wednesdays Sept 25 to Dec 11 at 6pm-7:30pm

#### Positive Discipline

5-week program for parents of children of any age.  
This program will create a positive home environment and learn strategies to deal with parenting challenges.  
Thursdays Jan. 23 to Feb. 20 at 10am - 12pm

#### Group Counselling for Stepparents

This 10-week group counselling workshop helps stepparents to understand their new roles and learn how to adapt to a bigger family.  
Thursdays Jan. 16 to Mar 19 at 6:30pm-8:30pm  
Watch out for more upcoming events

#### Feeding Your Baby

by *Alberta Health Services*  
Monday, Mar. 2 at 1 to 3:00pm (one time only!)

#### MILES (Multicultural Intergeneration Literacy and Essential Skills)

by *Immigrant Service Calgary*  
Wednesdays Mar. 4 to May 29 at 1-3pm

## Influenza Immunization

The 2019/20 AHS Influenza Immunization Clinics are available.

Clinic dates and times vary. Check the clinic locator tool or call 811 for more information.

Please check your local clinic schedule, to plan ahead.

Vaccine will be offered, free of charge, to all Albertans six months of age and older.

Influenza is serious. Prevention is your protection.

Get immunized this season!

Look up your local clinic locations and schedules.

NOTE: Some pharmacies and physician offices also offer influenza vaccine. Please call ahead to your pharmacy or physician office to confirm they are offering influenza vaccine.

\*\* Children less than 5 years age must be immunized at an AHS Clinic or physician office.

For more info, please follow this link: <https://www.albertahealthservices.ca/influenza/influenza.aspx>

### Recreation with the City of Calgary

#### Recreation Fee Assistance

Recreation Fee Assistance gives families or individuals living under the Low Income Cut Off limits the opportunity to participate in recreational activities for discounted rates up to 90% off a registered program and 75% off drop-in admissions or passes at City of Calgary Leisure Centres, Aquatic & Fitness Centres and Arenas. Acceptance into the program also gives you access to discounted rates at 28 partner organizations such as the Calgary Zoo, Telus Spark, VIVO, WP Puppet Theatre and YMCA. For more information go to [calgary.ca/fairentry/feeassistance](http://calgary.ca/fairentry/feeassistance).

#### Try something different. Spring/Summer recreation program registration begins March 3.

The City of Calgary's Spring/Summer Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often. Registered programs are offered at dozens of facilities located throughout the city, including summer day camps, swimming, skating, hockey, fitness, dance, martial arts, sports and more. Registration for spring and summer begins March 3. To learn more and find a program that's right for you, visit [calgary.ca/register](http://calgary.ca/register).

#### Soccer Drop-in at Calgary Soccer Centre

Mondays, Wednesdays & Fridays, 11:30 a.m. – 1:30 p.m. Age: 18+. Develop foot skills, practice drills or play a game. Bring your own ball. [calgary.ca/soccercentre](http://calgary.ca/soccercentre)

#### Drop-in Climbing Wall

Located at Southland Leisure Centre and Beltline Aquatic & Fitness Centre. For drop-in schedules, please visit us online or call 311.

#### Tap into your creative side with The City of Calgary

Think you don't have a creative bone in your body? Think again! We all have the ability to be creative and programs with The City of Calgary can help you find your inner artist. The City of Calgary is offering hundreds of artistic and creative programs for all ages, interests and abilities, allowing you to get more creative, more often. Performing and visual arts classes range from beginner drawing and painting for adults, to pre-school dance and ballet, clay classes for families, and even belly dancing for those looking for something a little different. Registration begins March 3. To tap into your inner artist and see which program is right for you, visit [calgary.ca/register](http://calgary.ca/register).

## BUSINESS CLASSIFIEDS

### cont'd

For business classified ad rates call Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**MUSTIQUE PAINTING LTD:** Are you looking for a committed top-quality painter who is professional and offers fair and reasonable prices? Well, look no further! Call 587-225-2225 or [mustiquepainting@gmail.com](mailto:mustiquepainting@gmail.com) for your free estimate. Customer satisfaction guaranteed! Don't settle for less than the best, you won't regret it, call now.

**DISCOVER 55+ SUPPORTIVE LIVING AT THE NEW WESTVIEW IN GLAMORGAN:** By Silvera. Feel welcome in this comfortable, refreshed community. Enjoy chef-inspired meals, weekly housekeeping and active programs. Exciting renovations are underway, including two beautiful common areas. Secure your new studio, one- or two-bedroom suite now. Priced below the commercial alternatives. Find out more from Terry at 403.604.0340 or [tfiell@silvera.ca](mailto:tfiell@silvera.ca) today.

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## THAT STINGS



There is a story from the 3rd century BC about Cupid stealing honey from bees, only to be stung. Complaining to his mother, Venus, that something so small shouldn't hurt so much, she laughs and admonishes him that he also is small, but he delivers the sting of love to his victims. It's a weird story.



# SECA BOARD OF DIRECTORS (2019/20)

Send e-mail to [info@shawneevergreen.ca](mailto:info@shawneevergreen.ca)

## OFFICERS:

President	VACANT	Director at Large	Zeinab El Kady
Vice President	Lynn Jobe	Director at Large	Lydia Scratch
Secretary	Rose-Lyne McCall	Director at Large	Yogesh Dua
Treasurer	Maigul Wickham	Director at Large	VACANT
Director of Development	Norm Rousseau	general email	<a href="mailto:info@shawneevergreen.ca">info@shawneevergreen.ca</a>
Director at Large	John Raich	SECA Plays email	<a href="mailto:play@shawneevergreen.ca">play@shawneevergreen.ca</a>
Director at Large	Ajay Khanolkar		



## SECA BOARD REPORT

### Happy Family Day!

Over the past several decades, trends in urban design, the nature of work, our economy and the tendency towards structured activities have resulted in busier yet isolated living.

SECA continues to work towards weaving the different parts of our community together. We are creating a more neighbourly community, one interaction at a time. This strategy is a thread that connecting many of our events and programs.

Neighbour Nights, Community Campfires, programming, events, and committee work are all aimed at connecting families because research tells us that people who know others in their community are happier themselves.

We invite you to give some of these programs and events a try and we hope you'll come back again.

Our **children's programming** is forging ahead with great success and will grow in 2020 thanks to an energetic volunteer spearheading this work ([play@shawneevergreen.ca](mailto:play@shawneevergreen.ca)). We have received several requests for **adult and senior programs**. SECA is keen to support programming for these groups and with a volunteer or two to assist with coordination, we could make it happen.

**Graywood Developments** applications to rezone and develop some of their land differently than originally approved are continuing through the City's process. Cer-

tainly, their new plans will change the character of our community and not just for those who live adjacent to these buildings. The density of units will increase as they reduce the number of townhomes while adding rental apartments and possibly a senior's residence. Commercial spaces including potentially a gas station are on the table as well. Our website, e-newsletter and Facebook page are the best places to stay current on their progress and we will provide you with connections to the file manager at the City of Calgary.

SECA is a bit short on capacity to achieve some of our objectives. There are two roles open on the Board of Directors and our Committees could use more members. Or if you would prefer to volunteer for specific tasks, volunteers with some basic social media skills, newsletter editing, use of Mailchimp, or event volunteers would be warmly welcomed.

**We can serve you best when we are connected!** Receive our electronic newsletters by emailing [info@shawneevergreen.ca](mailto:info@shawneevergreen.ca) and like our Facebook page @ShawneeEvergreenYYC. Please consider becoming a SECA member for just \$20 at [shawneevergreen.ca](http://shawneevergreen.ca). Membership runs April 1 to March 31 each year. Membership dollars fund our operations. Our Board meetings are open though we appreciate knowing if you plan to attend so that we can manage our agenda.

We hope to see you at our events and programs this year!

*Lynn Jobe, Vice President, [vp@shawneevergreen.ca](mailto:vp@shawneevergreen.ca)*



# MEMBERSHIP REGISTRATION FORM



To purchase a membership in Shawnee-Evergreen Community Association, please go to our website at **[shawnee-evergreen.ca/membership](http://shawnee-evergreen.ca/membership)**. Alternatively, fill in this form and mail or deliver to Shawnee-Evergreen Community Association c/o Maigul Wickham, 130 Shawnee Common SW, Calgary, AB T2Y 0P9

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: \_\_\_\_\_ Given Name: \_\_\_\_\_

Surname 2: \_\_\_\_\_ Given Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

E-mail address is especially important if you want to receive SECA communications

Please mark (✓) your choice as a volunteer: ☐ Board of Directors member

☐ Stampede Breakfast helper

☐ Don't know, ask me!

Payment (\$20.00): Cash: \_\_\_\_\_ Cheque # \_\_\_\_\_

## HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

- Hosts the June Stampede Breakfast at South Gate Alliance Church (free for SECA members)
- Sponsors the Annual June "Community Parade of Garage Sales"
- Sponsors Community Cleanup in September at South Gate Alliance Church
- Provides input and authorizes monthly Community Newsletters delivered to all 3000+ households
- Provides a director for the Board of the South Fish Creek Recreation Association (Cardel Recreation Centre South)
- Provides SECA members with a 10% discount on Cardel Rec Centre South programs
- Provides a director for Trico Centre for Family Wellness
- Works with Cardel Homes, Graywood Developments and the City to try to ensure that Shawnee Park is developed in a way that melds with our existing community as well as is possible
- Diligently alert to the future development of lands surrounding Fish Creek Lacombe LRT station
- Involved with the City in transportation issues (e.g. SW Ring Road, traffic and safety issues, etc.) that impact our community
- Address speeding and other traffic issues within our community (e.g. Shawnee Drive SW and 6th Street SW intersection)

### MEMBERSHIP BENEFITS

- You are entitled to one vote per membership at the Shawnee-Evergreen Community Association AGM in September.
- You and residing members of your family can participate FREE

at the Annual Shawnee-Evergreen Stampede Breakfast in June.

- CARDEL REC SOUTH COMPLEX. SECA Members receive a reduced fee rate. See inside this newsletter for program info.
- TRICO CENTRE. Support your community by purchasing a pass at Trico Centre. A portion of your pass fee is allocated to SECA.
- Your Board of Directors represent the community in all aspects of community needs such as developments – including future developments, traffic concerns, LRT needs, roadways, community playgrounds, and liaises with other communities on a wide variety of concerns and issue.

### TO OBTAIN MEMBERSHIPS

1. Those who have not purchased a family membership are required to obtain a membership to take part in the festivities, to vote at the Annual General Meetings or receive reductions in fees for the Cardel Rec South Complex programs.
2. Memberships can be purchased at any functions, the Annual General Meeting in September, OR fill out the form and send it as directed on the form to S.E.C.A. Also available at the Cardel Rec South Complex. Memberships are \$20 per year and must be renewed annually by May 1st.
3. Memberships may now be purchased on-line by going to the SECA web site at <http://www.shawnee-evergreen.ca/Membership.page> and clicking on the "Pay Membership Fee via PayPal" button below "Membership Form".



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**Hon. Jason Kenney**  
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 403 238-1212  
[calgary.lougheed@assembly.ab.ca](mailto:calgary.lougheed@assembly.ab.ca)  
*Serving the communities of Bridlewood, Evergreen, Millrise and Shawnee Evergreen*

This month, Alberta's legislature will return to move forward on keeping the commitments we've made to Albertans. During the spring election last April, we ran on a platform of 375 positive ideas to get Alberta back on track.

More than one million Albertans endorsed that platform and gave the United Conservative Government the largest electoral mandate in our province's history.

Well we got off to a nearly record-breaking start – in just 7 months, we passed 27 pieces of legislation, completing or making substantial progress on 162 of those 375 commitments. That means we've already kept 43% of our promises while only being 15% of the way through our mandate. And we're just getting started.

So, as we look forward to this new year, we are laser focused on ensuring that we continue to ensure that a promise made is a promise kept. I want you to know that your government is working relentlessly to get our province back on track, and that means getting Alberta back to work.

We've seen some positive signs, including a record-setting \$16 billion dollar investment from Telus that will create 5,000 jobs right here in our province. We know there is more work to be done, and we won't rest until Alberta is, once again, the engine of the Canadian economy.

We won't stop working for you. We're gonna get through this time of adversity. We are, after all that province and that people of destiny, and we will emerge through this challenging time, as Albertans always do, strong and free.

**Disclaimer:** Published articles, reports or submissions reflect the opinions of the author and should not be considered to reflect the opinions of Great News Media (GNM) and Shawnee Evergreen (SECA) and Calgary Evergreen Community Associations (CECA). The information contained in this magazine is believed to be accurate but is not warranted to be so. GNM, SECA and CECA do not endorse any person(s) advertising in this newsletter. Advertisements are not an endorsement of any goods or services.

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