

MAY 2020

DELIVERED MONTHLY TO 6,800 HOUSEHOLDS

THE CHRONICLE

BRINGING MILLRISE, SHAWNESSY & SHAWNEE SLOPES RESIDENTS TOGETHER
OFFICIAL NEWSLETTER FOR SHAWNEE-EVERGREEN COMMUNITY ASSOCIATION (SECA)



www.shawnessy.ca | www.millrise.org | www.shawnee-evergreen.ca

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca

STAY CONNECTED THROUGH COVID-19 AND BEYOND- IT HELPS

**One touch video
and chat to stay
connected with:**

- Family
- Friends
- Physicians
- Care providers

- Medical grade security
- Safely share photos & videos
- Designed by health care providers in Canada

\$9.99/month.
Cancel anytime.



Teleroo[®]

For more information 1.250.813.0105 | www.teleroo.com

**Teleroo[®] for Moms &
Moms-To-Be**
momsandbabies@teleroo.com

Teleroo[®] for Seniors
seniors@teleroo.com

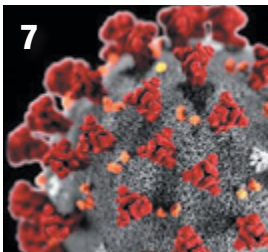
CONTENTS

7 COUNCILLOR DIANE COLLEY-URQUHART 'S REPORT

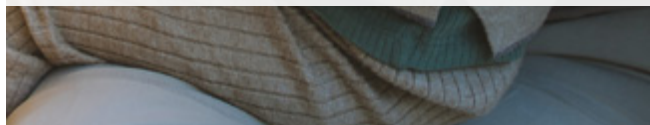
8 FRIENDS OF FISH CREEK

10 BUSINESS CLASSIFIEDS

11 RESIDENT PERSPECTIVES: YOUR PET, YOUR VET,
AND COVID-19



Disclaimer: Published articles, reports or submissions reflect the opinions of the author and should not be considered to reflect the opinions of Great News Media and the Shawnee-Evergreen Community Association and/or Residents' Association. The information contained in this magazine is believed to be accurate but is not warranted to be so. GNM and Shawnee-Evergreen Community Association do not endorse any person(s) advertising in this newsletter. Advertisements are not an endorsement of any goods or services.



The Chronicle - Designed monthly by:

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



Magazine Editor

Jocelyn Taylor

news@greatnewsmedia.ca

Design | Graphics

Joanne Bergen

Marina Litvak

Freddy Meynard

Advertising Sales

Sam Brown

sales@greatnewsmedia.ca

403 720 0762



Print & Digital

TARGETED

MARKETING

BY COMMUNITY

5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



To Advertise Call 403 720 0762

Email sales@greatnewsmedia.ca

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



SECA BOARD OF DIRECTORS (2019/20)

Send e-mail to info@shawneevergreen.ca

OFFICERS:

President	VACANT
Vice President	Lynn Jobe
Secretary	Rose-Lyne McCall
Treasurer	Maigul Wickham

OTHER DIRECTORS:

Director of Development	Norm Rousseau
Director at Large	John Raich
Director at Large	Ajay Khanolkar
Director at Large	Zeinab El Kady
Director at Large	Lydia Scratch
Director at Large	Yogesh Dua
general email	info@shawneevergreen.ca
SECA Plays email	play@shawneevergreen.ca

Shawnee-Evergreen Community Association Area Boundaries

If you live in the area shown below (inside the lines) and your street address name contains EverGREEN or Shawnee, or you are a resident of the Beacon Hill condominiums at 14645 6th Street SW, you are eligible to be a Regular Member of Shawnee-Evergreen Community Association (SECA)



On the North	South of Fish Creek Provincial Park boundary,
On the East	West of Macleod Trail SE,
On the West	East of Fish Creek Provincial Park boundary and east of Evergreen Blvd SW
On the South	North of James McKeivitt Road and Evergreen Boulevard SW

PLUMBER

PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: **403-461-3490**

In Home Computer & Technical Services

On-Premise / Remote Support For Most Household Electronics



- Computer Troubleshooting & Repair
- Technical Help (Email, Internet, etc.)
- IT Support
- Entertainment System Setup
- Home Security & Smart Home Setup

• Local Business Serving Our Community •

403-619-7730 • info@aidit.ca • www.aidit.ca



HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

- Hosts the June Stampede Breakfast at South Gate Alliance Church
- Sponsors the Annual June "Community Parade of Garage Sales"
- Sponsors Community Clean-up in September at South Gate Alliance Church
- Provides input and authorizes monthly Community Newsletters delivered to all 3000+ households
- Provides a director for the Board of the South Fish Creek Recreation Association (Cardel Recreation Centre South)
- Provides SECA members with a 10% discount on Cardel Rec Centre South programs
- Provides a director for Trico Centre for Family Wellness
- Works with Cardel Homes, Graywood Developments and the City to try to ensure that Shawnee Park is developed in a way that melds with our existing community as well as is possible
- Diligently alert to the future development of lands surrounding Fish Creek Lacombe LRT station
- Involved with the City in transportation issues (e.g. SW Ring Road, traffic and safety issues, etc.) that impact our community
- Address speeding and other traffic issues within our community (e.g. Shawnee Drive SW and 6 Str. SW intersection)

MEMBERSHIP REGISTRATION FORM

To purchase a membership in Shawnee-Evergreen Community Association, please go to our web site at **shawnee-evergreen.ca/membership**. Alternatively, fill in this form and mail or deliver to Shawnee-Evergreen Community Association c/o Maigul Wickham 130 Shawnee Common SW T2Y 0P9

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: _____ Given Name: _____

Surname 2: _____ Given Name: _____

Street Address: _____

Postal Code: _____ Phone: _____

E-mail address: _____

E-mail address is especially important if you want to receive SECA communications

Please mark (✓) your choice as a volunteer:

___ Board of Directors member

___ Stampede Breakfast helper

___ Don't know, ask me!

Payment (\$20.00): Cash: _____ Cheque # _____

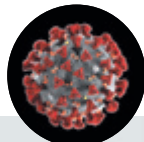


Councillor, Ward 13
Diane Colley-Urquhart
✉ dcolley@calgary.ca ☎ 403.268.1624
📷 @BigRedYYC 📘 Facebook.com/dianecu 🌐 CouncillorDiane.ca

I hope this Newsletter finds you all safe and healthy. The past weeks have been incredibly trying and stressful for everyone as the COVID-19 pandemic has evolved, and there will be long-term consequences for many Calgarians once the health threat has passed. I strongly encourage everyone to continue to follow all Alberta Health Services recommendations, and to stay apprised of all City developments at www.calgary.ca/covid19.

I value your feedback and being your Voice at City Hall, and I rely on as many voices as possible to guide the decisions that need to be made on your behalf. While many residents connect with me on LinkedIn, Facebook, Twitter and Instagram, @BigRedYYC, and at www.councillordiane.ca, it's very few of our 91,170 residents. With monthly Community Newsletters, they allow only a few hundred words, which severely limits the content I can share with you. I will use their newsletters going forward to connect residents with the newly launched e-dicu Report.

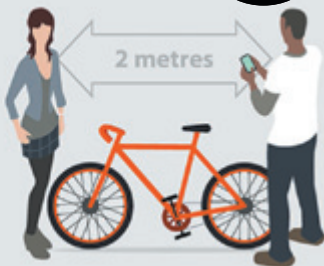
As Editor, the purpose is to share in as close to real time as possible the facts about what is going on and what is coming up. I would also welcome Letters to the Editor on ideas and issues of concern that can also be shared with our communities. So, please register as soon as possible at eaward13@calgary.ca, which will give us permission to send you your online copy. You can also subscribe at www.calgary.ca/ward13connect. My extensive links and blogs will continue to be posted on www.councillordiane.ca, as well.



Physical distancing

You should maintain at least **2 metres** between yourself and anyone else.

This is about the length of the average bicycle, tire to tire.



Your University in South Calgary



St. Mary's University in South Calgary is an innovative teaching and research university that offers degrees in liberal arts, sciences and education. Our small and engaging campus will inspire you to combine academic excellence with a passionate commitment to ethics, social justice and respect for diversity.

Learn More: 403.531.9130 | stmu.ca

www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays. Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED

UNSEALED

KILBCO
CONCRETE CURBING

Locally Owned & Operated

Free Estimates to 403.870.0737



FRIENDS *of* Fish Creek

Stewardship Message: Please Do Not Feed the Birds

Fish Creek Provincial Park is a natural refuge for a high diversity of bird species; in the midst of our bustling, growing city, it provides food, shelter and nesting grounds for these creatures, that would otherwise be difficult for them to find anywhere else in the area. Over 200 bird species have been observed in the park in recent years, from those we are all familiar with – like the Red-winged Blackbird or Great Horned Owl – to many we are unlikely to have heard of before, such as a Cinnamon Teal, Double-crested Cormorant or Ruby-crowned Kinglet. Did you know that Peregrine Falcons have been seen in the park? Or that nine different species of Woodpecker have also been observed? Some stay here year-round, while others use it as a place of rest during the spring and fall migration, which means that, as the seasons change, so do the opportunities to see something amazing!

With this in mind, it is no surprise that birding is one of the most popular recreational activities in Fish Creek Provincial Park, as many people take advantage of this natural asset and its ability to support so many wide-ranging species. It is common throughout the year – yes, even in the winter! – to see groups of people staring up at the treetops and sky, seeking out their latest find, kitted out with binoculars and cameras to help them better capture the experience. And while we know it is tempting to bring along bird seed to attract them closer to get a better look, this is a prohibited activity in all of Alberta's Provincial Parks, including Fish Creek. Unfortunately, feeding birds has become an increasing problem in the park, and for some people, they continue to do so, even if they know it is illegal.

Feeding birds, or any other wild animal in a Provincial Park, can contribute to habituation, meaning that they lose their fear of people. When wild animals lose this fear and come to associate people with food, this puts everyone at risk. Animals can lose their natural drive to search for food, expecting it to come to them as

handouts, and this can impact their survival. Bird seed left on the ground can also attract many other creatures who enjoy it, such as mice, deer and, yes, even bears. It can attract animals to areas more frequented by people, increasing the likelihood of an undesired animal-human interaction, or leading them nearer to pathways and roads where they can be injured.

We all need to remember that everything is connected, and that often times there are unanticipated consequences to our actions, even if our intentions are well-meaning. Birds have an incredible resource in the park, and need to be able to fend for themselves, letting nature take its course, in whatever way that looks. So, please support us by being a good steward of the park, observe birds and other wildlife from a distance, and help to educate others who may not be aware of the harm they may be causing.

And if you haven't had the opportunity, feel free to sign up for our Spring Birding Course at <https://friendsoffishcreek.org/programs/birding-course>, and spend some time in the glorious spring sunshine, exploring and searching to see how many different species you can find. You can also use the Fish Creek Provincial Park Bird Checklist at <https://bit.ly/2ybUvsw> any time, to see what you can find!

The Shawnessy Community Association Volunteer Board of Directors

VOLUNTEER EXECUTIVE:			
President	Marshall McCarthy	403-256-0786	md-mccarthy@shaw.ca
Vice President	Simone Mersereau	403-256-3584	simone@deanltd.com
Secretary	Michelle Moland	403-640-2762	cmoland@telus.net
Treasurer	Ambell Hall	403-991-2547	newsletter@shawnessy.ca
VOLUNTEER DIRECTORS:			
Community Affairs			
Community Events Advertising	Dana Fyles		danafyles@gmail.com
Fundraising - Gaming			
Grant Application Director	Tom Lange		rockfish75@hotmail.com
Membership	Marilou Sustento Fairhall	403-813-0632	Majonzak@shaw.ca
Community Planning	Vacant		
Neighbourhood Partnership Coordinator	Cathi Groves		cgroves@calgary.ca
Newsletter Director	Amber Hall	403-991-2547	newsletter@shawnessy.ca
Social Director	Vacant		
Volunteer Director			
Barn Manager: Facilities	James Richard	403-697-2629	
Barn Manager: Rental	Jennifer Dickinson	403-554-7299	jendickinson13@gmail.com

**KIDNEY
DONOR
NEEDED**
NEEDKIDNEY.CA

Kidney Health Awareness

A gracious request for a kidney donation, tips on kidney health, and items to fight kidney disease. Email info@needkidney.ca if you wish to donate.

Website NEEDKIDNEY.CA

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Millrise and Shawnessy. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showing you with great service."

LOCAL MORTGAGE BROKER: Your mortgage may be costing you thousands more than you need to pay! As a local mortgage professional, I have helped your neighbours navigate their purchase, refinance, and renewal options. Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Verico Avenue Financial Real Estate Solutions.

BOOKKEEPING SERVICES: BKeith Bookkeeping Services Inc. is currently accepting new clients. We offer bookkeeping for small to medium sized businesses at reasonable rates. Services include day to day transactions, tax, payroll and WCB filings, if required. Pick up and drop off can be arranged. Contact me at 403-512-3757 or bk_bookkeeping@shaw.ca to discuss.

PROFESSIONAL ACCOUNTANT NEAR MILLRISE AND SHAWNESSY: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Chartered Professional Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-910-0355 or email admin@darylpallesencpa.ca.

GENERAL ACCOUNTING & TAX SERVICES: CPA, CGA with 20+ years' experience accepting new Bookkeeping and General Accounting clients. Affordable rates for small businesses, self-employed and individuals. Phone 403-453-4734 or email grace@edgepointconsulting.ca for more info.

THE GUTTER DOCTOR! Eavestrough repairs, cleaning, and replacements. Fascia, soffit, cladding, roofs, and siding. For over 17 years and 30,000 projects we have done the job right – and it's always guaranteed! Full liability insurance and WCB. A+ rated BBB member. Calgary's top award winner! www.gutterdoctor.ca, 403-714-0711.

BLUE GUM CONTRACTING/HANDYMAN: We have WCB, Liability and insurance. We are best at basements, bathrooms, kitchens, decks, fences, finishing carpentry and painting. No job too small, give Simon a call at 403-689-8993 for your free quote, or email Simon@bluegumcontracting.com. Now accepting all major credit cards for convenient payment.



That Bites!

With summer on the way, mosquitos are becoming more and more prevalent. No one likes being bitten, but there is a simple way to defend yourself. Did you know that mosquitos are twice as attracted to the colour blue, as opposed to any other colour? Seems like the perfect time to bust out those bright, light summer clothes.

Your Pet, Your Vet, and COVID-19

For the next few weeks or months, our world has changed as we fight the spread of COVID-19. Veterinary medicine has been declared an essential service, but we have changed the face of its delivery to you and your pet. If a member of a veterinary practice were to become ill with COVID-19, the practice will be forced to close so most practices have set in place social-distancing steps to protect us all and our ability to provide veterinary care. We are following many of the recommendations of our provincial professional associations.

Due to the shortage of personal protective equipment, many elective procedures are being postponed. These surgeries may include spaying and neutering dogs and dental procedures on pets with only mild disease. Some practices are continuing cat spays and neuters because of the strong behaviours that many cats engage to find a mate. Puppy and kitten vaccinations are continuing but annual wellness examinations may be postponed. Clients with current veterinary patient client relationships with practices will find many of their needs may be dealt with through telemedicine. Veterinarians must use their professional judgement on a case by case basis and be able to justify decisions to their professional associations. Heartworm, flea and tick preventatives, food and medication refills are available.

Many practices have reduced hours and appointments are being made as staff are available. Doors are locked at most practices. Upon arrival clients phone the reception desk, food and medication to be picked up will be brought outside to clients, and payment will be made electronically. Clients with appointments are being asked to remain in their cars until the examination room is ready, so no one is in waiting rooms. Practices that still allow a client to accompany a pet into an examination room may limit this to one individual with the



veterinarian in the closed space. This applies only to clients that are not considered high risk. A strict protocol is in place for pets of high-risk clients that need care.

In the case of many practices, especially emergency clinics, the pet will be taken from the car with a leash provided by the facility or in the crate or carrier. Clients will be asked to stay in the vehicle while the pet is examined and all consultations with the client will be remote by phone or computer. Many house call practices have discontinued service completely or go only to established clients.

I chose to become a small animal general practitioner because of a love of animals. I enjoyed sharing that human-animal bond with my clients, with over thirty years of practice. This is not how I want to practice but we all must come together "at a distance" to get through this crisis. While your veterinarian and their staff members must put many procedures in place to protect us all, we have not lost sight that these are, for many of us, our furry family members and some of the social distancing steps we are asking our clients to take are incredibly emotionally painful.

Dr. Jennifer L. Scott B.Sc., D.V.M.



United Active Living Fish Creek

Space for Living



Maintenance-free Living

World-Class Arts and Culture

Large Luxurious Suites

Casual Bistro

Art Gallery

Fine Dining

Art Studio

A community and services to last a lifetime.

“My family and I found a great place for me to live, a community with great friends and lots of new things to experience. I know I won’t ever have to move again.” Sheila, Fish Creek Resident

We support your desire to lead a full, active and healthy life with **independent** and **assisted living** and our revolutionary United Minds (**memory care**) options. **Rental** and **life lease** available.

Ask us about **Respite Care**.

Book a visit and have lunch on us! Call today!

United Active Living Fish Creek

51 Providence Blvd SE Calgary. 587-481-7907

www.UnitedActiveLiving.com Follow us on    



UNITED
ACTIVE LIVING
COMMUNITIES™